## Are you Separated or Separating?

## Worried about your child getting caught in the middle? Family Transitions Groups can help



Completely Free! Starts 6th June 12:30-14:30. Five week online course, one session per week. To book contact roxanne.mcdowell@norfolk.gov.uk

## What parents have said -

"Has had significant benefits and an insight into, how to overcome challenges with co parenting"

"The teachers (course leaders) were kind, thoughtful, helpful and supportive"