

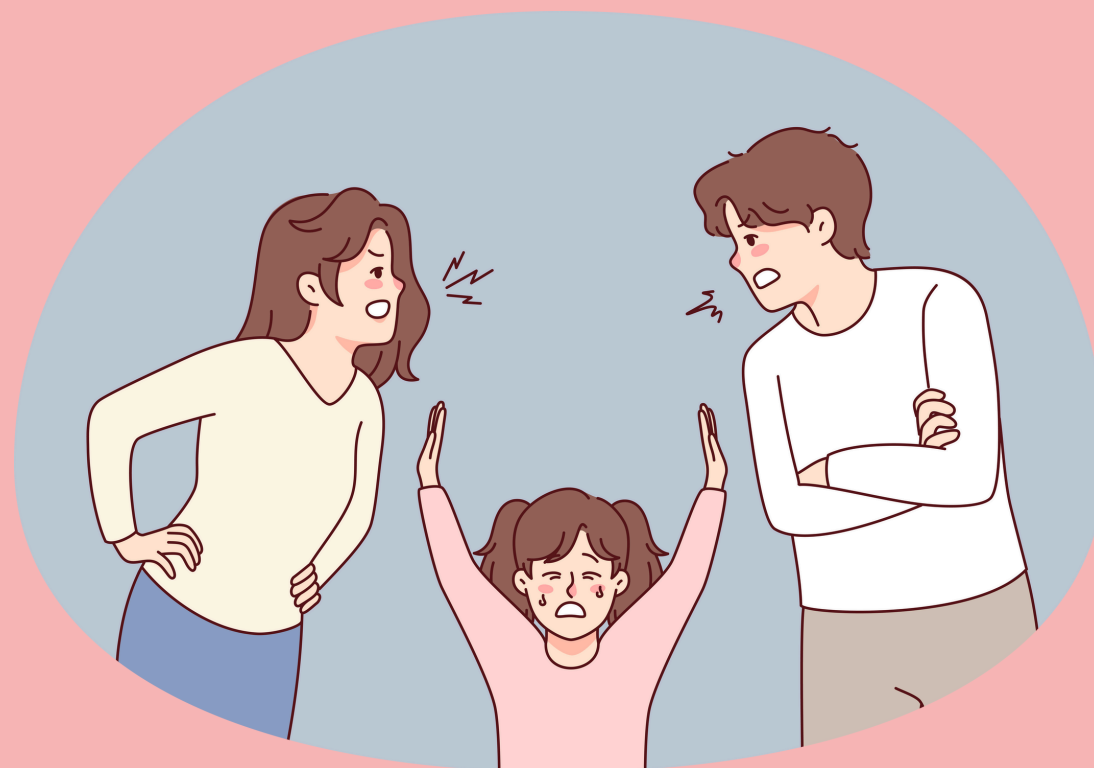
# Are you Separated or Separating?

**Worried about your child getting caught in the middle? Family Transitions Groups can help**

**What parents have said -**

**“Has had significant benefits and an insight into how to overcome challenges with co parenting”**

**“The teachers (course leaders) were kind, thoughtful, helpful and supportive”**



**Completely Free!**

**Starting Thursday 9th January 2025 10:00am-12:00pm**

**Delivered online via Teams Microsoft**

**One session per week for five weeks**

To book search [Request for Support Early Help Information and Consent - Privacy - Section 1 - Norfolk County Council](#)