

Joint Agency Group Supervision (JAGS)

SETTING THE SCENE & AGENDA



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Children Partnership

Background & Purpose

The purpose of joint supervision across partner agencies is to provide a safe space to **slow thinking down** and have the **opportunity to reflect** upon situations which could feel complex in order **to support professionals working as a group** to understand how they are working together to help children and families to flourish.

Joint supervision is:

- a reflective space for joint analysis
- a space to reflect on how well you are working together to support the child and family and an opportunity to better understand each other's roles and responsibilities as well as the emotional impact of the work

Joint supervision is not:

- **Not** operational!!
- **Not** about sharing new information or making case decisions
- **Not** an alternative to any statutory/formal processes

Joint supervision should be recorded on the child's file and any thinking points, theories or questions that come out of it will be shared with the child/parents/carers



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Introductions

Please state:

- Your name
- Your Agency
- Your Role in the child/family's life
- Your best hopes for this supervision
- Consider using two word check in/scaling question

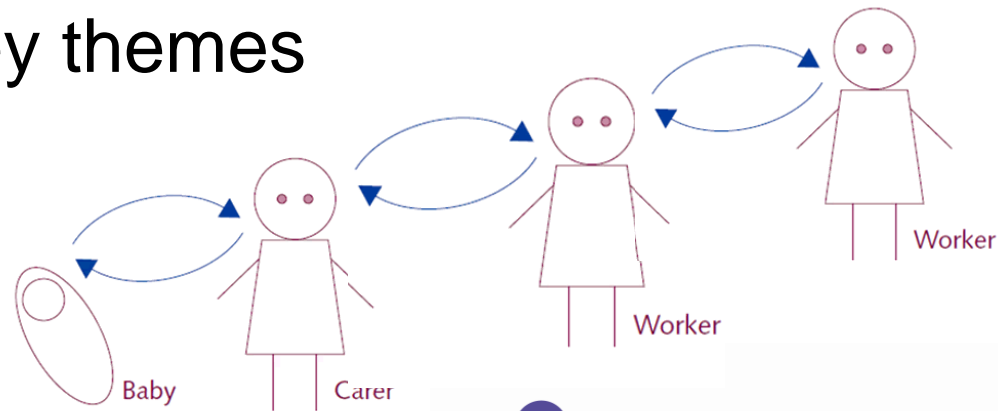
Your best hopes?



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The Role of the Facilitator

- Independence
- Active listening skills & ensuring all voices are heard
- Trauma - Informed & Resilience Oriented Guidance
- Containment: Containing the Containers
- Restorative Approach (if required)
- Summarising key themes








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Recognising Secondary & Organisational Trauma

- Take a moment to consider the emotional impact safeguarding work has on you personally and your organisation in general.
- How does your organisation reflect your own values?
- Identify any multi-agency cultural divides

Examples of responses to anxiety & secondary trauma³²

 <p>Reduced critical thinking skills /think in black and white</p>	 <p>Retreat</p>	 <p>Stop Listening</p>
 <p>Stop seeing</p>	 <p>Go into flight mode</p>	 <p>Isolation (preventing collaboration)</p>
 <p>Experience difficulty recognising and monitoring emotions</p>	 <p>Low motivation and poor-quality work</p>	 <p>Feel helpless</p>
 <p>Become defensive and start to react rather than think</p>	 <p>Inhibited curiosity</p>	 <p>Increased absences</p>
 <p>Go into attack</p>	 <p>Blame</p>	 <p>Rush around</p>
 <p>Become desensitised</p>	 <p>Inaction/ Freeze</p>	 <p>Strict rule compliance</p>

Collectively, we will be looking out for triggers and glimmers



Triggers: What sets us off, systemically or individually? For example, verbal or body language.



Glimmers: Can we identify things that work well? For example, things to celebrate or motivate us in our work



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Session Agreement

- Open ended questions
- Look after yourselves and each other
- Respect each other - we would like the opportunity to really reflect on the case in a safe space, provide respectful challenge to one another and ourselves, have open conversation about our worries and concerns for us and for the family – recognising our own value bases, how that can influence how we work together and individually.
- Remind ourselves of confidentiality and sensitivity to one another - recognise and acknowledge that this can raise emotions.
- Cameras on as much as possible

Anything specific related to the case to make this a safe space, acknowledging any triggers and achieving joint ownership.



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Agenda: 60 – 90 minute conversation

- Context of the family & summary of issues
- In terms of the professional network around this child/family and the emotional impact of this case:
 - What are we worried about?
 - What is working well?
 - Complicating Factors?
- Next steps: **NB there will be no formal minutes of this session (see next slide).**
- Feeding back: Facilitator will allow five minutes at the end of the session to capture your feedback on the impact and usefulness of the JAGS process:

[Joint Supervision Feedback Tool \(office.com\)](#)



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Recording JAGS

As noted in previous slide, there will be no formal record of the outcomes of this JAGS other than:

- At the end of the session facilitator will summarise three key themes discussed and agreed
- Facilitators and Participants will be asked to note these themes in their feedback forms
- Participants will also be expected to make a note that the JAGS took place in the files they hold on the child/family and the three key themes there for future audit trails



RECORDING



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