

Overcoming domestic abuse

Norfolk Multi-agency Practice Week

Tuesday 25 November



Welcome

We want people to participate but please use the 'raise hand' facility to ask questions and contribute when others are talking.

Please be considerate to others - together we want to create a safe, open and reflective space to learn.

You can turn on live captions on by clicking on the 3 dots at the top of your screen if you need this.

The link to the feedback form will be put in the chat.

Please do take the time to complete it after the session.

Thank you!

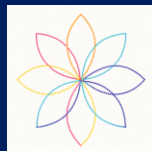




Norfolk County Council

Family Help Court Work Service Pre-Birth & Recurrent Care Services 'Petals'

Hannah Shirley & Tia Risby



Petals

- To improve our own practice and ensure the experience for parents in challenging circumstances is better to reduce their likelihood of experiencing recurrent care proceedings.
- Specifically address the opportunity for change during pregnancy, recognising it as a critical window where motivation, hope, and openness to support are often heightened.
- Improve parental engagement with Family Help to support best outcomes for children & families.
- Provide trauma-informed and relationship-based support.
- Strengthen referrals and ensure parents are getting the right support for their needs.
- Enhance corporate parenting responsibilities for young people who are care experienced.

Eligibility

Petal service works alongside Family Help to provide support to high-risk unborn babies and their families:

- Mothers and Fathers under the age of 18 open to Family Help
- Care experienced young people – regardless of whether they have had a child removed
- Parents who have experienced previous removals

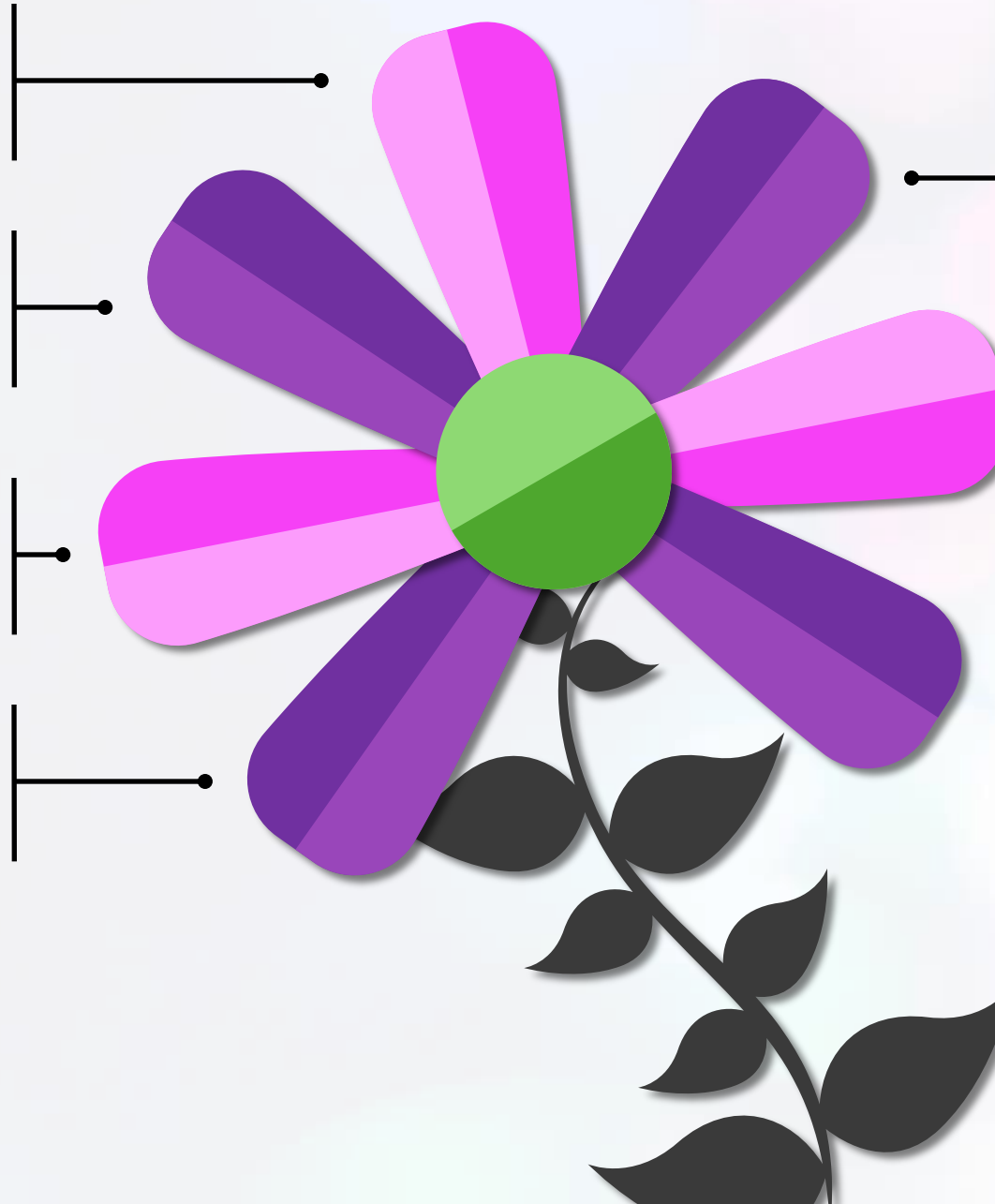
Pre-Birth Recurrent Care Service

Manager – Overall responsibility for interventions, quality of practice and promoting a new service which is founded up reflecting the lived experience of service users

Practitioners – direct engagement with service users and working alongside SWs

Business Support – team wide support

An extended offer of support to parents which can last up to 2 years to deliver more sustainable outcomes



Systemic Practitioners – specialist roles to support service users in tackling entrenched issues and overcoming trauma

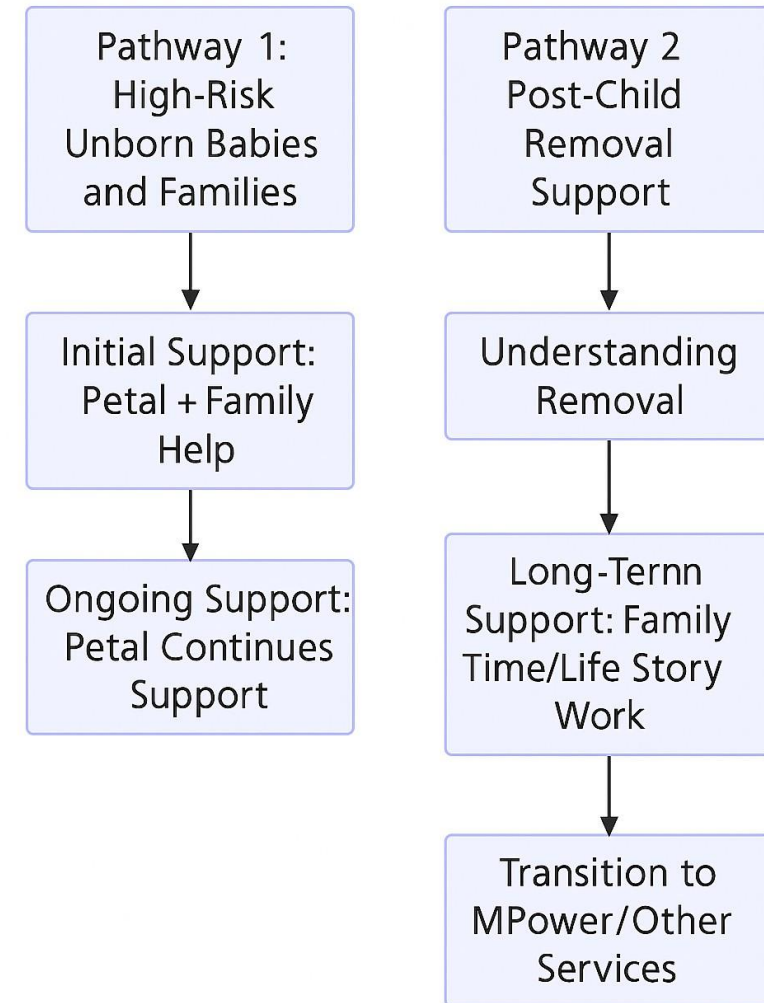
Creating a team around the service user including external partners e.g. health, midwifery, MPower

Lived experience – and ensuring that this shapes the services and interventions

Pathways

Pathway 1 – Petal service works alongside family help to provide support to high-risk unborn babies and their families (parents are care experienced, u18, recurrent). If the baby remains in family home petal will continue to provide parents ongoing trauma informed support with aim of empowering them to engage with child protection processes and interventions. If baby is separated from parents, petal will provide support to parents during and post care proceedings to reduce trauma associated with child separation and care proceedings.

Pathway 2 – Petal will continue offering support to parents at the point proceedings conclude with a plan of permanent separation to help the family understand the reason for child separation, support with longer term children's services support such as family time/life story work and consider longer term therapeutic needs. Petal practitioners will then support the transition to MPower and/or dad's groups for longer term support.



Resilience

- **Recognise and promote resilience**
- **Strengthen emotional well-being and stabilisation**
- **Build family and community networks**
- **Build practical skills and confidence**
- **Overcoming challenges**
- **Strengths and Hope based**
- **Consistent relationships**
- **Empowerment and choice**

Tia's story

My brother put the kids over the fence.



We ran through the woods.



I was going to be charged with child abduction.

The next day, I put them in an unmarked police car.



If someone dies, it gets easier...
But because my kids are still alive:
it don't get easier.

At some points, I had to take
the pictures off my phone.

I text foster all the time.

I wonder what they're doing.

Time keeps ticking, but you're not in it.



AMBIGUOUS GRIEF.

When I was pregnant, I felt like mummy again.



But when she was born
and the kids weren't there...

I watch her cry, making a den
with Emilia and Rogue's blankets...

But she ain't scared of nothing.



We both have the same end goal,
but she wants it now:

Us as a unit.



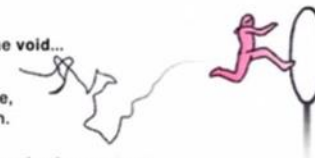
I want them to be proud of me.
I want them to know.

In my head, I look at myself and ask,
"did I do enough"?

I'll never get rid of the void...

I need to get it out there,
to prepare other women.

Carry on having contact.



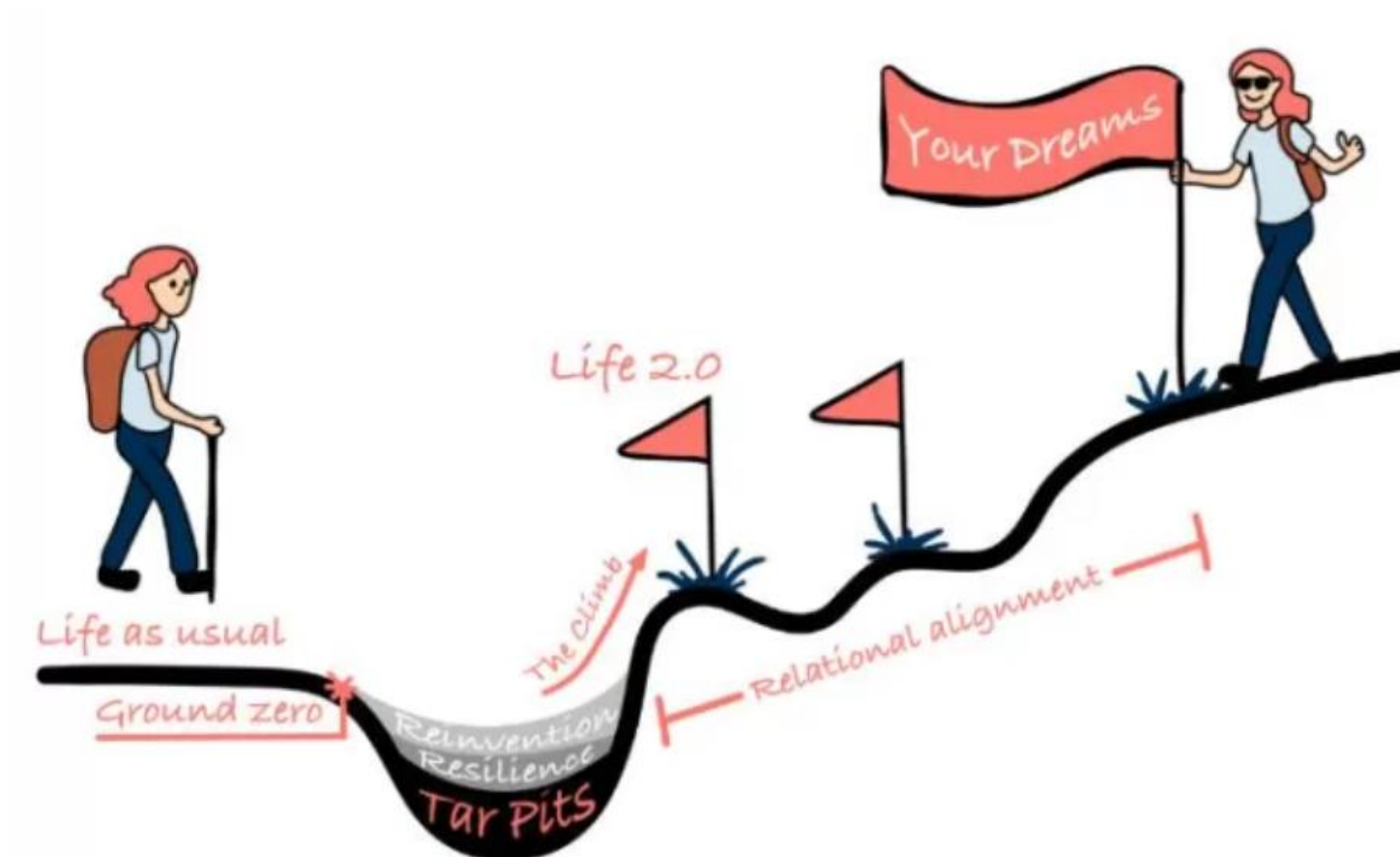
Jump through every hoop.

When they are older,
they can make their own mind up...

Stay over...

I know my kids will come home.

Resilience



**Please provide
some feedback**

