

Welcome!



We want people to participate but please use the 'raise hand' facility to ask questions and contribute when others are talking.

Please be considerate to others - together we want to create a safe, open and reflective space to learn.

You can turn on live captions on by clicking on the 3 dots at the top of your screen if you need this.

The link to the feedback form will be put in the chat.

Please do take the time to complete it after the session.

Thank you!



Taking opportunities for working with and supporting young carers

Practice week - November 2024

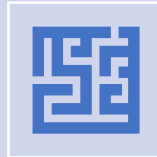




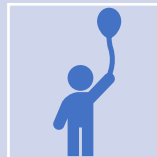
Our focus on young carers in Norfolk



Focus on identifying and supporting children and young people that are young carers at the earliest opportunity



Listening to the voice of children and young people with partner agencies and acting on what they say.



Children, young people and their families can access the support they need that reduces or removes the risk of excessive and inappropriate care being undertaken so they can FLOURISH.

What do we want to see in Norfolk?

- Engagement and support with children and young people and their families remains key to ensuring that as a county we understand their needs as young carers and can respond at the earliest opportunity as a partnership based on the strong relationships that already exist.

Why?

We want to identify all children and young people that are young carers to ensure that we understand their needs and so they can access information, advice and support.

What?

Ensuring that all partners including schools, education providers, health partners, local government and voluntary sector providers are confident engaging with children and young people that care for others and confidently know how to enable them to access appropriate support

How?

Use all available tools available including DfE school census returns, young carer champions (linked to tick friendly and YCIS award) and FLOURISH pledges by partners alongside offers of training and development to practitioners to support young carers.

Norfolk Young Carers.....



Putting our ambition into practice:

Norfolk Carers
Charter for
work,
education and
community.

Collaboration
between
carers services

3rd best LA
for primary
and 7th for
secondary YC
identification

Joint protocol
between
Children &
Adult's
services

Young carers
and family
service with
Carers Matters
Norfolk.

Co-production
and promotion
with young
carers



Norfolk Young Carers – Opportunities...



Putting our ambition into practice:

Norfolk Carers
Charter for
work,
education and
community.

Collaboration
between
carers services

3rd best LA
for primary
and 7th for
secondary YC
identification

Young Carers
in Schools
(Award)

Young carers
and family
service with
Carers Matters
Norfolk.

Co-production
and promotion
with young
carers



Identifying Young Carers

In addition to the collaboration between adult & children's services identifying young carers, there really is no wrong door:



- **Awareness raising programme** developed by County young carers forum.
- **Curriculum resource** packs for education providers.
- Provides **standards** for education, health, communicates and employers for the support they provide to carers.

- Family Hub workforce asking **curious questions to identify need**, inc young carers.
- Takes a **'think family'** approach to identify the needs of whole families.
- Providing information, advice and support to young people and families including links with a range of service.

- Young carer and families service 2024-2027 A point for all carers (parent carers, young carers, carers for adults).
- Delivers our commissioned **support service for young carers and their families**.
- Can support request for young carers needs assessments from Children's Services.

- A collaboration facilitated by our district councils, that brings **local services together** to respond to resident's needs.
- The opportunity to **call-in services family hubs, & carers matters**. Including the request for a young carers needs assessment.





Opportunities in Norfolk



Pensthorpe Activity Day:

Young Carers Matter Norfolk and The Benjamin Foundation recently organised a special, fully-funded day out to Pensthorpe for 65 young carers, with all transport included. The aim was to offer these young carers a well-deserved break, a chance to enjoy themselves, and an opportunity to connect with peers who share similar experiences.



Pensthorpe Activity Day:

What was your favourite part of the day?

my friend being
there and the pumpkin patch



Would you like to come along to more events in the future?

10000% YES NO

What type of things would you like to do?

Anything else you'd like to let us know?

Not the best day ever and best ever
together

What was your favourite part of the day?

lunch, pumpkin painting and
soft play

What was your favourite part of the day?

everything

The difference
these
opportunities
make?





Supporting young carers



“We were given the opportunity to recognise and help recognise our young carers in school and work towards the tick mark through the project” “...all too often schools can get overwhelmed with everything a school needs to do on a day to day basis, the young carers in school project has opened up the opportunity to identify and support our young carers in school and support them positively, with help and support to the school through each step, it has made it possible work towards gaining the award and supporting our young Carers.” - Pastoral manager/DSL

“We are proud to support our schools and wider community in creating opportunities for young carers to thrive. Through our work with schools, community groups, training sessions, and the Young Carer in Schools (YCiS) Award, we help ensure that young carers are seen, supported, and celebrated. By collaborating closely with schools, local organisations, and community groups, we’re helping to open pathways to vital resources and recognition that empower young carers to balance their caring roles with reaching their full potential. We look forward to connecting with others who share our commitment to supporting young carers—please get in touch if you’d like to join us in this important work.”

“ I visited Denver Primary to attend their parents evening last night. I spoke with John, the music teacher who has written their nativity based on Young Carers. He told me he decided to choose that theme after the staff training I provided for the school in September!” – Rosie, Education and Community Worker (WEST) – The Benjamin Foundation

“We want the “Gold Standard”, to know we are doing the best for our Young Carers, that’s why we are committed to getting the YCiS and imbedding it’s ethos into everything we do” – YC Champion

Example indicators -

Emotional support

Do you.....??

Every day

Some days

Less frequently

Support someone because they are upset/anxious.

Worry about someone when you are at school

Support someone to go out, or go to appointments

Help someone to make decisions

Check on someone to make sure they are okay

Other responsibilities

Do you.....??

Every day

Some days

Less frequently

Look after brothers/sisters on your own

Look after brothers/sisters with an adult nearby

Take brothers/sisters to school or pick them up

Get the family shop on your own

Help with money matters such as paying bills, withdrawing money

Interpret, sign or help the person you care for to be understood



Supporting education transitions for young carers



Early identification

Named staff member for the student to link with

Having an agreed plan with the student and their family

Communication between education providers (Shared)

Supporting disabled parents....

Why & how we do this

- The “**whole family approach**” section of the **Care and Support Statutory Guidance** (6.65- 6.73) places a responsibility on the Local Authority to identify how an adult’s care and support needs impact on their family and to also recognise child/young carers.
- ‘**Carrying out any caring responsibilities the adult has for a child**’ is an **eligibility outcome in the Care Act** and so consideration must be given to this where a person with care and support needs is identified as a parent / guardian’



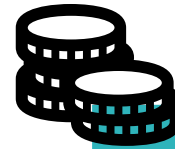
Identify

Request for **Young Carer or Care Act Assessment** from either Children’s or Adult Services



Assessment

Joint Assessment: Children’s focus on Young Carers & parenting support. Adults focus upon care & support plan.



Resource

Adults provide indicative budget; Children’s provide the **funding** that is focused on **parenting support.**

My plan to adulthood?



My future

Date:		My TAP	
Who is going to do what to help me into adulthood?			
What needs to happen?	Who will help with this?	By when?	Achieved?

What I need to succeed as an adult...

Above plan to be reviewed at age 16 and before age 17.5 – with review reminder dates set agreeing who will complete the review with the young person.



What you can do to make a difference – pledge your support



Be informed –

Read the toolkit for professionals

[Toolkit for Professionals - Carers Matter](#)
(youngcarersmatternorfolk.org)

Health –

Ask health professionals to add the child as a young carer using the SNOMED carer code (224484003) to System-One, so all health professionals can recognize their carer status.

[Being a young carer: your rights - Social care and support guide - NHS](#) (www.nhs.uk)

Email: carersidentitypassport@carersvoice.org

Assessment & Support -

Ask the children and young people you are working with about possible caring responsibilities – they won't just tell you!

Support them or request on their behalf a young carer needs assessment from NCC Children's Services.

[Young carers and families - Norfolk County Council](#)

Education & Social Support –

Consider whether the current plan (e.g. EHAP, My TAP, CIN, CP, SEND support etc) of support is meeting the child/young person's needs and what may need to change for them as a young carer.

Consider the young carers passport.

[Education | Carer Passport Schemes](#)
(carerspassports.uk)

[Young carers - Schools](#) (norfolk.gov.uk)

Resources and next steps -

The Challenge:

- We are yet to enable all children and young people that are young carers to be offered an assessment of their needs and support provided.
- Schools and education providers are really well placed to identify young carers and enable them to access help and advice.
- Consider establishing a young carer champion in your team and a guide to assist is [Carer-Friendly-Tick-Award-Employer-Standards-PDF-138kB.pdf \(caringtogether.org\)](#)
- Consider how you currently identify young carers and whether this is working – is there something different you could be doing with your students? [Young carers toolkit - Norfolk Schools and Learning Providers - Norfolk County Council](#)
- Guidance from Young Carers in Schools - [YCiS Guide – Young Carers in Schools](#) Health support - [Young Carers \(fyinorfolk.nhs.uk\)](#)

Helping children, young people to access high quality advice is key – you can help them access this by promoting and linking with young carers matters

[Young Carers & Family Support - Carers Matter Norfolk : Carers Matter Norfolk](#)

Please make use of the professionals toolkit for young carers available -

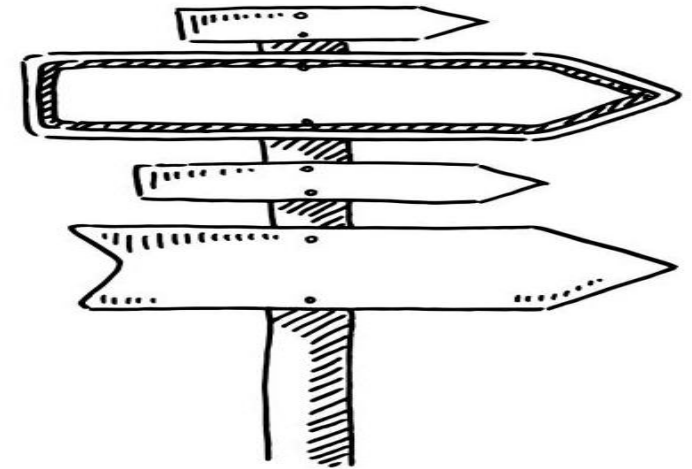
[Supporting young carers in Norfolk A toolkit for professionals Digital \(youngcarersmatternorfolk.org\)](#)

If you know a child or young person is a young carer then you can either enable them or request on their behalf a young carer needs assessment

[Young carers and families - Norfolk County Council](#)

Please support children and young people you think could be a young carer to access the advice, guidance and support they may need as your assistance really could make a big difference to their lives and ensure they are identified and supported sooner.

Pathways for Support



Many thanks for listening –

Any Questions?

Please share
your ideas

Your next
steps?

Please let us know what you think



<https://forms.office.com/e/PqVNki3HUA>

