# Domestic Abuse toolkit

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| **TOOLKIT – DOMESTIC ABUSE**The purpose of this toolkit is to support practitioners who work with children, young people and their families experiencing domestic abuse, including assessing and managing risk. The documents have been collated from a variety of services/organisations and embedded with direct weblinks which offer up to date information, as well as additional resources. |
| **What is domestic abuse?** | Any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse between those aged 16 or over who are or have been intimate partners or family members regardless of gender or sexuality. This can encompass but is not limited to the following types of abuse:* Physical
* Emotional
* Economical
* Sexual
* Psychological

Controlling behaviour is a range of acts designed to make a person subordinate and/or dependent by isolating them from sources of support, exploiting their resources and capacities for personal gain, depriving them of the means needed for independence, resistance and escape and regulating their everyday behaviour.Coercive behaviour is an act or a pattern of acts of assault, threats, humiliation and intimidation or other abuse that is used to harm, punish, or frighten their victim.”This definition, which is not a legal definition, includes so called ‘honour’ based violence, female genital mutilation (FGM) and forced marriage, and is clear that victims are not confined to one gender or ethnic group. | Everyone | This is the new definition of Domestic Abuse under the new 2021 Act. Please read through to get a full understanding of what Domestic Abuse is.We should all be aware of Domestic Abuse.[GOV.UK - Domestic Abuse Act 2021: overarching factsheet](https://www.gov.uk/government/publications/domestic-abuse-bill-2020-factsheets/domestic-abuse-bill-2020-overarching-factsheet)[legislation.gov.uk - Domestic Abuse Act 2021](https://www.legislation.gov.uk/ukpga/2021/17/contents/enacted) |  |
| **NCC Procedures and Guidance** | **Who is it for?** | **Guidance on use of tools** | **Source** |
| **[Threshold guide](https://www.norfolklscb.org/people-working-with-children/threshold-guide/)****[CS Operational Practice Standards](https://intranet.norfolk.gov.uk/search?searchFor=Children%27s%20Services%20operational%20practice%20standards)** | [Norfolk Safeguarding Children Partnership - Threshold guide](https://drive.google.com/file/d/182mzBvYhxCnPVJ-v-PROW0_s4AsmoEQE/view?usp=sharing) – March 2019[Children's Services practice guidance](https://intranet.norfolk.gov.uk/-/media/ABAD34CE1F4E47D083793AB27B19D978) – February 2022 | EveryoneNCC practitioners and managers | The illustrated Threshold Guide will be updated and available on the website in early 2019 (includes reference to DASH).Guidance and expectations for social work in Norfolk. | Norfolk Safeguarding Children PartnershipQuality Assurance Team |
| **Norfolk MARAC process** | [Multi-agency risk assessment co-ordination (MARAC)](https://intranet.norfolk.gov.uk/-/media/EA89B8DFB94242CE9C25EF046882E9A0)[Domestic abuse partnership perpetrator approach (DAPPA)](https://intranet.norfolk.gov.uk/-/media/intranet/files/adult-social-services/social-care-practice/safeguarding/domestic-abuse/dappa-flyer.pdf)[New domestic abuse support service](https://intranet.norfolk.gov.uk/-/media/4AB92AA3447342639DFE986C8D6442B1)[NIDAS pocket pack](https://intranet.norfolk.gov.uk/-/media/7A7B6539C5D6450EA5649CD7D16A1FD5) | NCC practitioners and managers | New MARAC process and additional services available in Norfolk. | Norfolk Safeguarding and Investigations Command |
| [**Operation Encompass**](http://www.wrsps.co.uk/Norfolk%20-%20Operation%20Encompass%20Protocol%20Version%203%20.pdf) | Notification of domestic abuse incident recorded by police to a child’s school | Schools | **Operation Encompass** is a system to provide early notification to Key Adults within schools when a pupil has been affected by Domestic Violence (DV) in the last 24 hours. In response to a notification, the school would then ensure the appropriate support would be available for that child.[Operation Encompass - schools](https://www.schools.norfolk.gov.uk/pupil-safety-and-behaviour/safeguarding/operation-encompass)[Operation Encompass - Home](https://www.operationencompass.org/) | MASH |
| **Assessment tools and resources** | **Who is it for?** | **Guidance on use of tools** | **Source** |
| **DASH** |  | Everyone | [Norfolk](https://www.norfolk.gov.uk/safety/domestic-abuse/information-for-professionals/risk-assessment) uses the DASH as a risk assessment tool, and as a referral for a MARAC (Multi-Agency Risk Assessment Conference).DASH stands for domestic abuse, stalking and ‘honour’-based violence. The questions are based on extensive research of domestic abuse.The Dash risk checklist can be used for all intimate partner relationships, including LGBT relationships, as well as for ’honour’-based violence and family violence. It aims to provide a uniform understanding of risk across professions. For more information on the research base behind the Dash risk checklist, please read [SafeLives FAQs](http://www.safelives.org.uk/policy-evidence/about-the-risk-led-approach) watch the video: [An introduction to risk identification in domestic abuse cases](https://youtu.be/AB00K1jiFUc).DASH records risk but is best completed as part of a conversation with those affected and will help practitioners find ways of asking questions. Training will offer workers knowledge in what to do if a case is high risk, as well as knowing what the high-risk indicators are. To access DASH training, contact NSCP training page or NIDAS.Both Children and Victims should be seen alone to enable them to talk freely. | Hosted by NCC websiteDeveloped by [SafeLives](http://www.safelives.org.uk/) |
| **Intimate partner homicide timeline** | Home Office defines Domestic Homicide as: An offence of murder, manslaughter or infanticide where the relationship between a victim aged 16 years and over and the perpetrator falls into one of the following categories: spouse, common-law spouse, cohabiting partner, boyfriend or girlfriend, ex-spouse, ex-cohabiting partner or ex-boyfriend or girlfriend, adulterous relationship, son or daughter (including step and adopted relationships), parent (including step and adopted relationships), brother or sister, other relatives.[Homicide timeline](https://intranet.norfolk.gov.uk/-/media/EDF67E44083E4997B352C38096908178)[8 stages of homicide workshop](https://intranet.norfolk.gov.uk/-/media/8D59A031C84A4FE2B1B0F8FE668C0EFB)[Home Office - Domestic Homicides and Suspected Victim Suicides During the Covid-19 Pandemic 2020-2021](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1013128/Domestic_homicides_and_suspected_victim_suicides_during_the_Covid-19_Pandemic_2020-2021.pdf)[Domestic Homicide Halt - About domestic homicide](https://domestichomicide-halt.co.uk/about/) | Everyone | Please use the 8 stages of homicide tool to identify any patterned behaviour a perpetrator may be showing.Professor Jane Monckton-Smith’s theory of the 8 stages domestic homicide.This gives you understanding guidance of the 8 stages of homicides and supports you to spot these signs in domestically abusive relationships.Information around domestic homicides and suspected suicides from domestic abuse in the pandemic (2020-2021).Statistics of Domestic Homicide in England and Wales. | Home OfficeProfessor Jane Monckton-Smith |
| **MARAC** | [SafeLives - MARAC FAQs](https://safelives.org.uk/sites/default/files/resources/MARAC%20FAQs%20General%20FINAL.pdf)[SafeLives - Resources for MARAC meetings](https://safelives.org.uk/practice-support/resources-marac-meetings)[Multi Agency Risk Assessment Conference MARAC](https://www.norfolk.gov.uk/safety/domestic-abuse/information-for-professionals/multi-agency-risk-assessment-conference-marac)[What is a MARAC?](https://intranet.norfolk.gov.uk/-/media/EC562646E91C437D8996CB48C619E667)[MARAC information leaflet](https://www.norfolk.police.uk/sites/norfolk/files/2021-08/marac_leaflet.doc) | Professionals working with families | **MARAC** stands for Multi-Agency Risk Assessment Conference.It is a meeting held where workers from a number of agencies discuss the health and wellbeing of individuals and family members experiencing the impact of domestic violence and abuse and make safety plans to support those at risk.The aim is to increase the safety of those involved and reduce the risk of them becoming repeat victims.**What is a Safety Plan in Domestic Abuse?**A personal safety plan is a way of helping victims to protect themselves/and their children. It helps them plan in advance for the possibility of future violence and abuse. It also helps them to think about how they can increase their safety either within the relationship, or if they decide to leave.Important: It must not be left anywhere the perpetrator may get access to it.Safety plans will include measures such as emergency phone numbers, SAFE passwords, an emergency bag for leaving quickly, knowing safe routes and safe rooms, alarms, markers on police systems, internet and mobile phone safety. The victim may also benefit from keeping a diary of incidents, provided it is safe to do so, as this can support civil and criminal proceedings.The PowerPoint ‘What is a MARAC?’ gives you a quick guide in an easy read to what MARAC is.If you want to make a referral to MARAC, please see the Norfolk referral form.The first form listed is SafeLives referral form (NCC) and the second referral form is NCC’s version.There is a document for MARAC’s DASH risk assessment, please make sure you have completed the DASH training before filling out this form.This Severity of Abuse Grid (SOAG) has been developed to be used with the DASH Risk Assessment. It gives you a framework within which you can identify specific features of the abuse suffered and help you to address their safety in an informed and coherent way. It will also typically provide information that will be relevant for those cases going to MARAC.The MARAC leaflet is a resource you can share with families to support them in to understanding what a MARAC is. | Norfolk County CouncilSafeLives |
| **Severity abuse grid** | [SafeLives - Severity of abuse grid for IDVA services](https://intranet.norfolk.gov.uk/-/media/F1488B132FDE46A49DE2C5B9F389D150) – can use with limited information.Guidance for completing the SafeLives DASH risk checklist, with practice points and explanations, and questions to explore areas of risk – [Practice guidance for IDVAs using the SafeLives dash risk checklist](https://intranet.norfolk.gov.uk/-/media/449303E0E056434CBD4E94253DB25BE3). | Professionals working with families | This grid has been developed to be used with the **SafeLives** Recommended Risk Identification Checklist, so the questions you complete as part of the DASH/MARAC referral. It is designed to give you a framework for identifying specific features of the abuse suffered by your client and help guide you both in addressing their safety in an informed and coherent way. | SafeLives |
| **Gender-stereotyping** | [Galop - Myths and stereotypes about partner abuse among lesbian, gay bisexual and transgender (LGBT+) people](https://galop.org.uk/wp-content/uploads/2021/05/Myths.pdf)[Equation - The Dangerous Link Between the Media, Gender Stereotypes and Domestic Abuse](https://equation.org.uk/the-dangerous-link-between-the-media-gender-stereotypes-and-domestic-abuse/)[Women's Aid - It’s time to #FlipTheSexistScript: Women’s Aid and University of Bristol launch research into the gendered experiences of justice and domestic abuse](https://www.womensaid.org.uk/its-time-to-flip-the-sexist-script/) | Everyone | The PDF guide is a handbook which provides and offers information and guidance for professionals working with victims of domestic abuse within the LGBTQ+ community, it supports in identifying what the barriers are.Some useful links for you to investigate around how domestic abuse can be influenced and normalised by gender-stereotyping.This is particularly useful around understanding male victims of domestic abuse.LGBTQ+ discusses the myths around stereotypes and domestic abusive relationships.Equation website discusses the dangers of how media influences stereotypes within domestically abusive relationships.**Women’s Aid** investigates the stereotyping of women and how this can encourage the ‘normalising’ of domestic abuse within relationships. | Research |
| **Risk assessment matrix** | [Cafcass - Resources for assessing domestic abuse - Children and Family Court Advisory and Support Service](https://www.cafcass.gov.uk/grown-ups/professionals/ciaf/resources-for-assessing-domestic-abuse/)[Cafcass - Domestic abuse – what we need to know](https://www.cafcass.gov.uk/download/6610/)[Cafcass - Safe contact indicator](https://www.cafcass.gov.uk/download/6637/)[Cafcass - Tool for assessing whether a DVPP is appropriate](https://www.cafcass.gov.uk/download/6641/)[Cafcass - Situational couple violence guidance](https://www.cafcass.gov.uk/download/10113/)[Cafcass - Distinguishing domestic abuse and harmful conflict screening tool](https://www.cafcass.gov.uk/download/10117/)[Cafcass - Impact of domestic abuse on children guidance](https://www.cafcass.gov.uk/download/10121/)[Cafcass - Motivation and indicators regarding victim empathy tool](https://www.cafcass.gov.uk/download/14642/)[Barnardo's Domestic Violence Risk Identification Matrix](https://www.dudleycpp.org.uk/_files/ugd/0ca216_2d5e47557c5648b883f3f61fd69b09f9.pdf) | Professionals working with families | These tools support professionals in risk assessing a domestically abusive relationship to understand the potential dangers for victims and children involved.Guidance in questions you can ask yourself as a professional in what you need to know within the dynamics of the domestic abuse.**Safe Contact Indicator** – gives you a checklist of what to consider when analysing the contact between perpetrator of domestic abuse and the child.Please us the guidance tool in understanding whether the perpetrator needs to go on a DAPP- domestic abuse perpetrator programme.Situational couple violence, is a tool to support you in understanding the dynamics of the relationship where violence is present but there is no sign of coercive control. The violence is between both partners.Distinguishing domestic abuse and harmful conflict is a useful tool in understanding whether what you are seeing within the family home is parental conflict or domestic abuse.Impact of DA a children’s guidance. This is useful for you as a professional in risk assessing. This is a PDF booklet and covers the impact domestic abuse has on children, the victims and perpetrators capacity to parent, and the child’s resilience.This is a tool to understand how the victim is understanding their experience of domestic abuse. This a holistic tool, and it **not** to be used as a checklist with the victim.**Barnardo’s** tool in using this document to identify risks within the relationship. | CafcassBarnardo’s |
| **Love bombing** | Love bombing is an attempt to influence a person by demonstrations of attention and affection. It can be used in different ways and for either positive or negative purposes. Psychologists have identified love bombing as a possible part of a cycle of abuse and have warned against it.[What is love bombing?](https://intranet.norfolk.gov.uk/-/media/67C9DA6EE8DD4C2E9B1284923B84DA0A) | Everyone | An overview of what Love Bombing is. This will be useful in supporting people who are vulnerable to domestically abusive relationships and learning to see the early signs of perpetrators. | Research |
| **Coercive control** | Coercive behaviour is an act or a pattern of acts of assault, threats, humiliation and intimidation or other abuse that is used to harm, punish, or frighten their victim.Controlling behaviour is a range of acts designed to make a person subordinate and/or dependent by isolating them from sources of support, exploiting their resources and capacities for personal gain, depriving them of the means needed for independence, resistance and escape and regulating their everyday behaviour.[The Crown Prosecution Service - Controlling or Coercive Behaviour in an Intimate or Family Relationship](https://www.cps.gov.uk/legal-guidance/controlling-or-coercive-behaviour-intimate-or-family-relationship)[Cafcass - Tool for assessing coercive control](https://www.cafcass.gov.uk/download/10109/)[Home Office - Controlling or coercive behaviour in an intimate or family relationship statutory guidance framework](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/482528/Controlling_or_coercive_behaviour_-_statutory_guidance.pdf)[GOV.UK - Review of the controlling or coercive behaviour offence](https://www.gov.uk/government/publications/review-of-the-controlling-or-coercive-behaviour-offence)[Women's Aid - The expect respect healthy relationships toolkit](https://www.womensaid.org.uk/wp-content/uploads/2021/02/Expect-Respect-Healthy-Relationships-Toolkit.pdf)[Community Care - How to identify coercive and controlling behaviour](https://intranet.norfolk.gov.uk/-/media/FF8C8DB93C4D4E86BB2BBC32BFB2A3CC)[Rights of Women - Coercive control and the law](https://rightsofwomen.org.uk/get-information/violence-against-women-and-international-law/coercive-control-and-the-law/)[Cafcass - Situational couple violence guidance](https://www.cafcass.gov.uk/download/10113/)[Dr Emma Katz - Understanding domestic abuse and improving community responses](https://www.rcpsych.ac.uk/docs/default-source/improving-care/nccmh/suicide-prevention/monthly-clinic/dr-emma-katz-presentation-for-domestic-abuse-summit-1-october-2019.pdf) | Everyone | Coercive Control can often be disguised, and some perpetrators are able to hide this from professionals, please use tools to support your learning and knowledge of coercive control in identifying and preventing this within families.A detailed description of coercive control and how as a professional you can gather evidence on this and support the victim.**Cafcass** tool for assessing coercive control.Most up to date document from the Home Office of Coercive Controlling behaviour the statutory guidance- this document also provides how you can gather evidence on a domestically abusive relationship as a professional.**Women’s Aid** toolkit for talking to young people about controlling relationships.Guidance on how to identify coercive control in relationships, including LGBTQ+ relationships. This also provides tips for your practice.This is a useful link to support you to understand law around coercive control.**Cafcass** tool to recognise violence within a relationship.A paper written by **Dr Emma Katz** on how domestically abusive relationships and how community support can improve response. | GOV.UKCrown Prosecution ServiceCafcassWomen’s AidEmma KatzCommunity CareRights of Women |
| **Risk assessment diamond** |  | Professionals working with families | **Martin Calder risk assessment diamond**Social Work Assessment tool you can use in identifying what needs are being met within the family, and if any aren’t and reflecting on the risk this is to the child. |  |
| **Information about specific areas** | **Who is it for?** | **Guidance on use of tools** | **Source** |
| **So called ‘honour based abuse’****Forced marriages****Female genital mutilation** | In forced marriage, one or both spouses do not consent to the marriage and some element of duress is involved. Duress includes both physical and emotional pressure and abuse.Forced marriage is primarily, but not exclusively, an issue of violence against females. Most cases involve young women and girls aged between 13 and 30, although there is evidence to suggest that as many as 15 per cent of victims are male. These procedures are aimed at dealing with forced marriage for a child/young person under 18 years of age.Forced marriage is a human rights abuse. It can constitute both child abuse and sexual abuse. The United Nations considers it a form of trafficking, sexual slavery, and exploitation. Some, however, still see it as a private, personal, domestic, family, religious, or cultural issue.A clear distinction must be made between a forced marriage and an arranged marriage. The tradition of arranged marriages has operated successfully within many communities and many countries for a very long time. In arranged marriages, the families of both spouses take a leading role in arranging the marriage but the choice of whether or not to accept the arrangement remains with the child/young person.[GOV.UK - Forced marriage](https://www.gov.uk/guidance/forced-marriage#forced-marriage-unit)[Norfolk Constabulary - Forced Marriage](https://www.norfolk.police.uk/advice/assault-abuse-threats/forced-marriage)[The Crown Prosecution Service - So-Called Honour-Based Abuse and Forced Marriage: Guidance on Identifying and Flagging cases](https://www.cps.gov.uk/legal-guidance/so-called-honour-based-abuse-and-forced-marriage-guidance-identifying-and-flagging)[Procedures Online - 5.8.3 Forced Marriage](https://greatermanchesterscb.proceduresonline.com/chapters/p_force_marriage.html)[SafeLives - Spotlight on ‘honour’-based violence, forced marriage and domestic abuse](https://safelives.org.uk/sites/default/files/resources/Spotlight%20on%20HBV%20and%20forced%20marriage-web.pdf)[SafeLives - Spotlight 4: 'Honour'-based violence and forced marriage](https://safelives.org.uk/spotlight-4-honour-based-violence-and-forced-marriage)[Norfolk Constabulary - Forced marriage partnership factsheet](https://intranet.norfolk.gov.uk/-/media/C8C4603F14D1494A9849FB3239EE4ADB)[Safety planning – honour-based violence](https://www.norfolk.gov.uk/-/media/norfolk/downloads/safety/domestic-abuse/so-called-honour-based-abuse/safety-planning-honour-based-violence.pdf)[Female genital mutilation and forced marriage](https://intranet.norfolk.gov.uk/-/media/intranet/files/adult-social-services/procedures/procedures/female-genital-mutilation-and-forced-marriage-115.pdf)[Forced marriage guidance](https://intranet.norfolk.gov.uk/-/media/1B8BBD73B124471EAC55FA2B9479B7D0)[Signs of forced marriage guidance](https://intranet.norfolk.gov.uk/-/media/3D8BD6AAD69C4554820D036A1EBBB6C0) | Everyone | Definition of ‘forced marriages.’Please use tools attached to support you to identify the signs and safety plan within a domestic abuse risk assessing framework to protect victims.UK governments guidance on Forced Marriage.**Norfolk Constabulary’s** guidance on forced marriage to the public, and anyone experiencing forced marriage- how can the Forced Marriage Protection Order help them.Guidance on procedures in Forced Marriage in the UK.In depth knowledge and information around Forced Marriage by Law. This is Greater Manchester’s Council however still applicable for the work we do in Norfolk. Please read for guidance as a practitioner.**SafeLives** have created the PDF ‘Spotlight on HBV’ which supports your understanding of so called ‘honour-based violence’, and where to go for more support. It discusses aspects and concerns of so called ‘honour-based violence.’**Norfolk Constabulary’s Forced Marriage Fact Sheet**, gives you guidance how you can support as a professional within the law framework.Norfolk County Council’s guidance and support in safety planning to leave forced marriage, and so called ‘honour-based abuse’.**Norfolk County Council**’s document for families to safeguard themselves if they feel their child is being subjected to forced marriage. Please use this document in professional guidance and be mindful of the sensitivity when using it with families, **do not leave this with a family**.**Norfolk County Council**’s guidance on working with a family where there is suspected forced marriage.Signs forced marriage is happening or going to happen to a young person you are working with. | GOV.UKSafeLivesNorfolk County Council |
| **Young people vulnerable to domestic violence****Children and young people witnessing domestic violence** | [Women's Aid - Impact on children and young people](https://www.womensaid.org.uk/information-support/what-is-domestic-abuse/impact-on-children-and-young-people/)[NSPCC - How to protect children from domestic abuse](https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/domestic-abuse/)[Cafcass Cymru - Impact on children of experiencing domestic abuse](https://gov.wales/sites/default/files/publications/2019-08/cafcass-cymru-impact-on%20children-experiencing-domestic-abuse.pdf)[Barnardo's - Domestic abuse](https://www.barnardos.org.uk/domestic-abuse)[Social Workers Toolbox - Safety planning with children and youth: domestic abuse](http://www.socialworkerstoolbox.com/wp-content/uploads/2021/03/Safety-plans-dometic-abuse-children-young-people-.pdf)[Relationship Abuse Education - A teen’s guide to safety planning](http://www.glostakeastand.com/wp-content/uploads/2017/10/Teen-Safety-Planning-Sheet_GDASS-version.pdf)[Children and young people affected by domestic abuse - safety planning](https://www.cheshireeast.gov.uk/pdf/livewell/cyp-affected-by-domestic-abuse-safety-planning-tool.pdf)[TUSLA - Children coping with domestic abuse](https://www.tusla.ie/uploads/content/Children_coping_with_domesticabuse_d3.pdf)[6 session feelings programme for children affected by domestic abuse](https://www.cheshireeast.gov.uk/pdf/livewell/cyp-affected-by-domestic-abuse-6-sessions-feelings-programme.pdf)[TUSLA - Helping teenagers to cope with domestic abuse](https://www.tusla.ie/uploads/content/Teenagers_coping_with_domesticabuse_d4.pdf)[Adverse childhood experiences and domestic abuse](https://intranet.norfolk.gov.uk/-/media/9D83A86B73B543A888299413246F78B3)[Safeguarding children - domestic abuse and safety planning with children](https://intranet.norfolk.gov.uk/-/media/1CBADB7186004728950D27643CE11EC8)[Huge bag of worries](https://intranet.norfolk.gov.uk/-/media/C706FE0AD4114FD9819EA34373A22F3E)[Iceberg](https://intranet.norfolk.gov.uk/-/media/AB98AA2813164A45B503A2894113F2B7)[Cafcass - Impact on children of experiencing domestic abuse](https://www.cafcass.gov.uk/download/10121/) | Professionals working with families | **Women’s Aid** provides statistics, evidence and signs on how domestic abuse could be impacting the child.**NSPCC**’s website is to support information and knowledge to the public around the impact domestic abuse has on children. This also gives information for the public to understand what to do if a child discloses domestic abuse to them.**Cafcass Cymru** PDF gives an understanding the impact domestic abuse has on children, and how adverse childhood experiences links in with this, assessing impact, direct work with children, parenting capacity, resilience, and helpful resources to work with children practically.**Barnardo’s** provides some useful information on the impact domestic abuse has on children, you can also read children’s views and there are some downloads of papers for you to read.PDF booklet with templates and guidance on Safety Planning with Children and Youth Domestic Abuse.A guide to teenage safety planning.CYP safety planning, useful tool in ideas of safety planning and tips on what to do as a professional in guidance of safety planning for the children.Resourceful Tool you can use with parents to support them to support their children wishes and feelings after experiencing domestic abuse.6 session programme guidance in gathering children’s wishes and feelings around domestic abuse.Supporting teenagers who are witnessing or have witnessed domestic abuse.You can find more resources on [Social Workers Toolbox - Domestic Abuse: Children Archives - Free Social Work Tools and Resources](http://www.socialworkerstoolbox.com/category/domestic-abuse/domestic-abuse-children/).A short PowerPoint on Domestic Abuse and its link to Adverse Childhood Experiences.Norfolk’s short PowerPoint on safety planning domestic abuse with children and young peopleIceberg and Huge Bag of Worries supports you to gather the wishes and feelings of the children.**Very useful** PDF resource from Cafcass in supporting children and young people. This has:* Direct work with children;
* Assessing;
* Coercive Control and working with children;
* Impact on parenting capacity;
* Resilience
* Helpful resources.
 | Women’s AidResearch on gathering wishes and feelings of childrenSocial Care ToolboxCafcassCafcass CymruBarnardo’sAction for Children |
| **Child contact** | [Child First – Nineteen child homicides](https://www.womensaid.org.uk/wp-content/uploads/2016/01/Child-First-Nineteen-Child-Homicides-Report.pdf)[Cafcass – Safe contact indicator](https://www.voiceofthechild.org.uk/wp-content/uploads/2017/10/safe_contact_indicator.pdf)[Safe contact tool](https://intranet.norfolk.gov.uk/-/media/DC91F341E6C94DACBFEF44FD16479A35) | Professionals working with families | **Child First Nineteen Child Homicides** – this report shows the devastating impacts of domestic homicide and how it had ended in child deaths. This report is a useful read in understanding the cases, the key findings, and professional understanding of the key findings, and victim blaming.**Cafcass** resource in keeping children safe in contact and guidance on supporting the victim of domestic abuse regarding contact for the perpetrator.**Norfolk County Council**’s safe contact tool. | CafcassWomen’s Aid |
| **Female victims of domestic abuse** | [SafeLives - Who are the victims of domestic abuse?](https://safelives.org.uk/policy-evidence/about-domestic-abuse/who-are-victims-domestic-abuse)[Women's Aid - Domestic abuse is a gendered crime](https://www.womensaid.org.uk/information-support/what-is-domestic-abuse/domestic-abuse-is-a-gendered-crime/)[My CWA - LGBT+ Communities + Domestic Abuse](https://www.mycwa.org.uk/lgbt-abuse)[Women's Aid - Making a safety plan](https://www.womensaid.org.uk/the-survivors-handbook/making-a-safety-plan/)[Women’s Aid - Domestic and sexual abuse - keeping safe and getting help](https://www.womensaid.org.uk/wp-content/uploads/2020/08/For-Survivors-COVID-19-Advice-SCREEN-READER.pdf)[Cafcass - Motivation and indicators regarding victim empathy tool](https://www.cafcass.gov.uk/download/14642/)[Cafcass - Domestic abuse - what we need to know](https://www.cafcass.gov.uk/download/6610/) | Professionals working with families | Links providing evidence and information identifying women who are victims of domestic abuse.**SafeLives** information in what makes someone vulnerable to domestic abuse.**Women’s Aid** - what is domestic abuse for women, and the key statistics.**LGBTQ+ community** supporting those who are in domestically abusive relationships, there is little support available, but patterns of domestic abuse can be similar in heterosexual and LGBT+ relationships, when abuse happens within the LGBT+ community, there are several additional behaviours to consider too, and this website can provide more information around this.A personal safety plan is a way of helping a victim to protect themselves and their children. Please follow Women’s Aid link for more information in supporting the victim to make their safety plan with your professional guidance.PDF Covid19 tool which supports women to stay safe within the pandemic.A **Cafcass** tool on motivation and indication in to whether the victim blames themselves for the abuse or understands they have been or are being abused.**Cafcass** tool – What we need to know. Questions you can ask yourself in an Appreciative Inquiry context, is understanding the dynamics of the abuse.Safety advice for survivors of domestic abuse in the Covid19 pandemic.Cafcass tools on supporting female victims. | SafeLivesCafcassWomen’s Aid |
| **Male victims of domestic abuse** | [ManKind - Types of domestic abuse](https://www.mankind.org.uk/help-for-victims/types-of-domestic-abuse/)[Reducing the Risk - Male victims](https://reducingtherisk.org.uk/male-victims/)[Men's Advice Line UK - Domestic abuse helpline for men](https://mensadviceline.org.uk/)[My CWA - LGBT+ Communities + Domestic Abuse](https://www.mycwa.org.uk/lgbt-abuse)[National Centre for Domestic Violence - Domestic violence against men](https://www.ncdv.org.uk/domestic-violence-against-men/)[DW - Men as victims of domestic violence: ′I was paralyzed′](https://www.dw.com/en/men-as-victims-of-domestic-violence-i-was-paralyzed/a-55472456)[Male victim toolkit](https://intranet.norfolk.gov.uk/-/media/318FCD70C4B0436FAFA2CF6CD7940EE9)[Research on male victim support](https://intranet.norfolk.gov.uk/-/media/62B728BE5C3B4A1A89A1F758A996C895)[Respect - Toolkit for work with male victims of domestic abuse](https://hubble-live-assets.s3.amazonaws.com/respect/file_asset/file/24/Respect-Toolkit-for-Work-with-Male-Victims-of-Domestic-Abuse-2019.pdf)[ManKind Initiative - Male victims of coercive control: experiences and impact](https://www.mankind.org.uk/wp-content/uploads/2021/07/Male-Victims-of-Coercive-Control-2021.pdf) |  | How male victims may suffer from domestic abuse. Please use the Mankind link to find out further research and support for men suffering from or have experienced domestic abuse.Information and support from Reducing the Risk for men.Respect offers a confidential helpline for male victims of domestic abuse.**LGBTQ+ community** supporting those who are in domestically abusive relationships, there is little support available, but patterns of domestic abuse can be similar in heterosexual and LGBT+ relationships, when abuse happens within the LGBT+ community, there are several additional behaviours to consider too and this website can provide more information around this.**The National Centre for Domestic Violence** link gives information for male victims of domestic abuse, explaining more around the effects of coercive control and includes homosexual experiences of domestic abuse, and where to go for more support.Reporting from Berlin and Beyond- is a male survivors experience of domestic abuse.**Norfolk Male Victim toolkit**, is a quick guide in providing you with useful information on how to support men who are experiencing or have experienced domestic abuse.The links provided support identifying and understanding male victims of domestic abuse.The help guide also gives information around Gay or Transgender relationships which are abusive.Interesting research paper on men’s views and perceptions of domestic abuse where men are victims.**Respect male victim toolkit** – the toolkit is very large but has loads of useful information and resources available to practitioners to use.**University of Lancashire**’s research paper on male experiences of coercive control. | ManKindResearchRespectGOV.UK |
| **Working with perpetrators** | [Respect Phoneline - Guidelines for working with perpetrators of domestic abuse](https://respectphoneline.org.uk/resources/frontline-workers/guidelines-for-working-with-perpetrators-of-domestic-abuse/)[Respect Phoneline - Stories of change in domestic abuse](https://respectphoneline.org.uk/help-for-perpetrators/stories-of-change/)[Guidance in working with perpetrators](https://intranet.norfolk.gov.uk/-/media/F3F118092B5C4DF9A907CF8D2721536A)[Identifying perpetrators](https://intranet.norfolk.gov.uk/-/media/8A70AD9494CA405990226988812CA5DB)[Mapping your emotions (perpetrator)](https://intranet.norfolk.gov.uk/-/media/2469ED86C77D49C3A4D20E650EA0D14C)[Time out sheet](https://intranet.norfolk.gov.uk/-/media/7BBBF34384114ABC9FC97604057DF1A0)[Prochaska and Diclemente’s six stages of change](https://intranet.norfolk.gov.uk/-/media/A4361C99C14C4980B2E003DE2363E0BD)[Engage – Roadmap for frontline professionals interacting with male perpetrators of domestic violence and abuse](https://www.work-with-perpetrators.eu/fileadmin/WWP_Network/redakteure/ENGAGE/engage_EN_190313_web.pdf) |  | **Respect** – is a factsheet for frontline workers who may encounter domestic abuse perpetrators in the course of their work. The guidance covers interacting with men and women who have used violence, abuse and controlling behaviours in their intimate relationships, as well as those who identify as LGBTQ+.**Stories of change in domestic abuse**If you want to stop being violent and change your abusive behaviour, it can help to know more about how others chosen to do the same. Here are some of stories of change in domestic abusive.The stages of Change model is a framework you can use working with perpetrators of domestic abuse, in supporting meaningful changes within their patterned behaviour of abuse.You can also use this tool with victims of abuse, in supporting them to leave the relationship, if they want to but are finding it challenging.Guidance working with perpetrators is to support you to work at the beginning of intervention, so the perpetrator works with your service or what is signposted/referred to the specialist service that is needed.Please see Mapping your Emotions exercise sheet, Stage of Change Model, and Time Out sheet which compliment this guidance.The Roadmap for frontline professionals working with perpetrators gives you an insight in how to investigate domestic abuse and working with perpetrators of abuse.To assist frontline professionals in health care or social services, child protection services, police, and others, coming into contact with male service users who are violent or abusive to their female partners. One of the most common requests from victims is for someone to work with their partner, to help him change and to keep them and their children safe from violence. Working with these men to change their behaviour is a key step towards preventing domestic violence. The roadmap is designed for frontline professionals who may meet violent or abusive men. |  |
| **Colleagues in domestically abusive relationships** | [Supporting employees experiencing domestic abuse policy](https://intranet.norfolk.gov.uk/tasks/people/supporting-you/supporting-employees-experiencing-domestic-abuse-policy)[Model domestic abuse policy](https://intranet.norfolk.gov.uk/-/media/0E52D7EB75AC492FB52B552DD0F0A1C3) | Employees of Norfolk County Council | Please see policies and procedures in what to do if you suspect a work colleague is experiencing domestic abuse.Supporting employees experiencing domestic abuse – policy and guidance P638.Model domestic abuse policy – For managers with their employees. | Norfolk County Council |
| **Supporting survivors of domestic abuse** | [Women's Aid - Surviving after abuse](https://www.womensaid.org.uk/the-survivors-handbook/surviving-after-abuse/)[Research in practice - NSPCC domestic abuse recovering together: webinar](https://www.researchinpractice.org.uk/children/content-pages/slides/nspcc-domestic-abuse-recovering-together-webinar/) | Everyone | Please use tools in supporting survivors of domestic abuse to continue to stay away from their abusive relationship.NSPCC Domestic Abuse Recovering TogetherWebinar – Focus on the effects of domestic abuse on the mother and child relationship, via a discussion of the NSPCC's DART programme. | Women’s AidResearch in Practice |
| **Tools for planning and intervention (must link with SofS safety planning)** | **Who is it for?** | **Guidance on use of tools** | **Source** |
| **Safety plans** | [Safety planning advice handout](https://intranet.norfolk.gov.uk/-/media/A7D7298E62644FFB91295C17EE06C8E2)[Safety planning - honour based violence, forced marriage and female genital mutilation](https://intranet.norfolk.gov.uk/-/media/98A6FD2753914DA29D2C0D1337CE9CED)[Safeguarding children - domestic abuse and safety planning with children](https://intranet.norfolk.gov.uk/-/media/1CBADB7186004728950D27643CE11EC8)[Domestic Violence and neglect case example](https://intranet.norfolk.gov.uk/-/media/9784E31016D44A4BA7E9DF1C705610EC)[Safety plan example](https://intranet.norfolk.gov.uk/-/media/66735A51EEE343F885B1497ED746913E)[The protection puzzle](https://intranet.norfolk.gov.uk/-/media/C300141BBAE84DBD97470C8B06E74E7B) | Employees of Norfolk County Council | **What is a Safety Plan in Domestic Abuse?**A personal safety plan is a way of helping victims to protect themselves/and their children. It helps them plan in advance for the possibility of future violence and abuse. It also helps them to think about how they can increase their safety either within the relationship, or if they decide to leave.Important: It must not be left anywhere the perpetrator may get access to it.Safety plans will include measures such as emergency phone numbers, SAFE passwords, an emergency bag for leaving quickly, knowing safe routes and safe rooms, alarms, markers on police systems, internet and mobile phone safety. The victim may also benefit from keeping a diary of incidents, provided it is safe to do so, as this can support civil and criminal proceedings.Please use documents in understanding the guidance of creating a safety plan for domestic abuse.Norfolk County Council’s guidance.Signs of Safety Knowledge Bank example of words and pictures being used in safety planning for children.The Protection Puzzle resource for safety planning. | Knowledge BankNorfolk County CouncilSafeLives |
| **Assessment tools** | [Severity of abuse grid](https://intranet.norfolk.gov.uk/-/media/52ADF999ADE24ACF8AAEAA3BFF5B9D45)[Flowchart for disclosures](https://intranet.norfolk.gov.uk/-/media/D4126D800EF0411DA7B247185CAC9E40)[Asking the question handout](https://intranet.norfolk.gov.uk/-/media/CB3EA099826A45528F15D29D4500B0C0)[High risk factors for domestic abuse](https://intranet.norfolk.gov.uk/-/media/6D2D0835236343EA8144933E533EDB67)[SafeLives DASH with sub-questions](https://intranet.norfolk.gov.uk/-/media/88D7DEB61019473696CD2C6F020D236E)[Power and equality wheel](https://intranet.norfolk.gov.uk/-/media/92AC7F63F4DE42A9881381FD3221B74B)[Safety planning advice handout](https://intranet.norfolk.gov.uk/-/media/A7D7298E62644FFB91295C17EE06C8E2)[Safety plan example](https://intranet.norfolk.gov.uk/-/media/66735A51EEE343F885B1497ED746913E)[AI example questions for domestically abusive relationships](https://intranet.norfolk.gov.uk/-/media/01B7901CB75742F192F2AF78AAB6AC36)[Signs of safety – analysis fact sheet](https://intranet.norfolk.gov.uk/-/media/intranet/files/childrens-services/social-care/analysis-fact-sheet.pdf)[EARS - parental conflict for domestic abuse](https://intranet.norfolk.gov.uk/-/media/2E187403B50747D89014C7DF36DF3945)[What are the barriers?](https://intranet.norfolk.gov.uk/-/media/A6F41727FDBC474F8E1C15D4EB7C51F2) | Employees of Norfolk County Council | **Severity of Abuse Grid**This Severity of Abuse Grid (SOAG) has been developed to be used with the Risk Identification Checklist. It gives you a framework within which you can identify specific features of the abuse suffered by your client and help you to address their safety in an informed and coherent way. It will also typically provide information that will be relevant for those cases going to MARAC.Flowchart for disclosures of domestic abuse- guidance for professionals.Asking question handout to support you on what to do when you are working with a parent who has just disclosed abuse.What are the high-risk factors to victims?Please use guide to gain more understanding and knowledge.**SafeLives DASH risk assessment** – this PDF document gives a detailed guidance around completing a DASH risk assessment.**Power and Control and Equality Wheel** – this will support you in understanding the imbalance of a domestically abusive relationship and what a healthy relationship should look like. You can use this tool with the victim if it is appropriate to do so.**Safety Planning handout** you can use with families to support them to have their own safety plan around domestic abuse.Template of a domestic abuse safety plan.Appreciative Inquiry questions you can ask victims experiencing domestic abuse.Please use this Analysis fact sheet to analyse the situation of domestic abuse.**EARS** – Elicit, Amplify, Reflect and Start Over- Signs of Safety questions directed to domestic abuse.Please see ‘**Barriers’ PowerPoint** to gain understanding of why the victim may not want to leave their domestically abusive relationship. | Women’s AidSafeLivesNorfolk County Council |
| **Local support services** | [New domestic abuse support service](https://intranet.norfolk.gov.uk/-/media/4AB92AA3447342639DFE986C8D6442B1)[NIDAS poster - a guide for professionals](https://intranet.norfolk.gov.uk/-/media/7CB1A5FBDC0A465C99E11A16682F62E0)[NIDAS - Homepage](https://nidasnorfolk.co.uk/)**Line Management**If you have any concerns around Domestic Abuse speak to your Line Manager and they will be able to support you.**Domestic Abuse Team****Intensive Support Specialist Services**(Trained in supporting victims, children, and perpetrators within domestically abusive relationships. They are trained in Freedom Programme, Escape the Trap, Who’s in Charge, and Norwich Connect-Culture of Engagement).**Practice Coach Team**Practice Coach Team – Roxanne McDowell, Roxanne.mcdowell@norfolk.gov.ukManager – Sandy Symonds, Sandy.symonds@norfolk.gov.uk[Leeway - Domestic violence and abuse services](https://www.leewaysupport.org/)[Pandora Project - Supporting women and children affected by domestic abuse](https://www.pandoraproject.org.uk/)[The Harbour Centre - Information and resources](https://www.theharbourcentre.co.uk/information-resources)[Sue Lambert Trust](https://www.suelamberttrust.org/)[Victim Support](https://www.victimsupport.org.uk/)[The Daisy Programme and Rowan Project](https://www.daisyprogramme.org.uk/)[The Magdalene Group](https://magdalenegroup.org/)[Norfolk LGBT+ Project - Resources](https://norfolklgbtproject.org.uk/directory/)[Orwell Housing - Supported housing and care - Young homeless and domestic abuse services](https://www.orwell-housing.co.uk/supported-housing-and-care/young-homeless-and-domestic-abuse-services/)[Norfolk Community Law Services - Domestic abuse advice](https://www.ncls.co.uk/domestic-abuse-advice/)[CADS FAQs](https://www.norfolklscb.org/wp-content/uploads/2015/04/CADS-FAQs-with-telephone-number.pdf)[Domestic abuse support services](https://intranet.norfolk.gov.uk/-/media/44B36654BBDB4BB4B114797B61A358FE) | Employees of Norfolk County Council | These are the local domestic abuse services for your additional support with families.Please use the numbers and links to get in touch with them to offer the victim, survivor or children of the abuse the support they need.**NIDAS**Norfolk Integrated Domestic Abuse Service (NIDAS) will offer free, confidential, and non-judgemental support to those affected, and their children, to help them recover and build a new life free from abuse.The new service is funded by the Office of the Police and Crime Commissioner for Norfolk, Norfolk County Council, Norwich City Council, South Norfolk and Broadland District Councils, with £6.6million being invested over the next five years.It will be delivered in partnership by Leeway Domestic Violence and Abuse Services, Daisy Programme, Orwell Housing, Pandora Project and Safe Partnership.Within the Norfolk County Council, we have the Line Management, Intensive Support Specialist Services Domestic Abuse Team and the Practice Coach Team where Team Manager, Sandy Symonds, and Practice Coach, Roxanne McDowell, offer training and support around Domestic Abuse.**Leeway** is a local charity who support women, men and children who are in or have been experiencing domestic abuse- located in Norfolk and Suffolk.**Pandora Project** who supports women and children experiencing domestic abuse- located in Kings Lynn.**The Harbour Centre** – supporting women and girls who have been raped or sexually assaulted- located in Norwich.**Sue Lambert Trust** provides kind, safe, supportive help in Norfolk to those who have ever experienced sexual abuse including domestic abuse. They offer counselling, group work, and support.**Victim support** – this is a national service, but we do have a centre located in Norwich, where they can provide advocacy to victims of crime- including domestic abuse.**The Daisy Programme** works with clients who have left an abusive relationship, men, and women and those that are still in the relationship. They also offer specialist counselling programmes for women, men, and children. The Daisy Programme and The Rowan Project are based in Watton, Thetford, Dereham, Breckland, and Norfolk.**The Magdalene Group work** with women and young people who have experienced sexual violence, exploitation, and coercion. Offering different programmes to support the victims. They are in Norfolk.**LGBT+ Project** – is a local group in Norwich who can provide support for people within this community, this includes being in a domestically abusive relationship.Within Norfolk, Suffolk and Cambridgeshire, **Orwell Housing** manage six homeless services and two refuges for women and children fleeing domestic abuse. Each service has its own criteria for referral and can be viewed by clinking on the links on their website which is provided in the left-hand column.**Norfolk Community Law Service** – to Access their Domestic Abuse Advice Service, call on 01603 496623, email info@ncls.co.uk or send us a message via WhatsApp on07900 153753.Please see documents for further support on **Children’s Advice and Duty Services** most frequently asked questions and Domestic Abuse Services Norfolk. | Norfolk services |
| **Power and control wheels** | [Power and equality wheel](https://intranet.norfolk.gov.uk/-/media/92AC7F63F4DE42A9881381FD3221B74B)[Teen relationship spectrum](https://intranet.norfolk.gov.uk/-/media/9B02EB6CC48B43DFB7EBDF1B42683560)[How violence affects children](https://intranet.norfolk.gov.uk/-/media/D6504F68857F427695C0B7FCD078A796)[Power and control wheel for lesbian, gay, bisexual and trans relationship](https://www.loveisrespect.org/lir-files/LGBT-Power-and-Control-Wheel.pdf)[Female genital mutilation and forced marriage](https://intranet.norfolk.gov.uk/-/media/intranet/files/adult-social-services/procedures/procedures/female-genital-mutilation-and-forced-marriage-115.pdf)[Medical power and control wheel](https://safelives.org.uk/sites/default/files/resources/Medical%20power%20and%20control%20wheel.pdf)[Safehouse - Using the self-care wheel for assessment and planning](https://safehouseapp.info/2017/05/09/using-the-self-care-wheel-for-assessment-and-planning/)[Self-care wheel](https://intranet.norfolk.gov.uk/-/media/FF0D3D7881A24527BF2D5086F643C4F4)[Post separation and control wheel](https://www.theduluthmodel.org/wp-content/uploads/2017/03/Using-Children-Wheel.pdf)[Domestic Violence Assessment Consultancy and Training - The post separation abuse wheel](https://www.dvact.org/post/the-post-separation-abuse-wheel)[Safe and Together Institute - Season 2 Episode 12: How coercive control harms child safety and wellbeing: An interview with researcher Dr. Emma Katz](https://safeandtogetherinstitute.com/season-2-episode-12-how-coercive-control-harms-child-safety-wellbeing-an-interview-with-researcher-dr-emma-katz/) | Employees of Norfolk County Council | Please use the wheels in identifying power and control within assessments in many forms.**Power and Equality Wheel** – the imbalance and understanding of the dynamics of a healthy and abusive relationship.**Teen relationship spectrum** – supporting young people in understanding healthy relationships.A wheel to show the impacts domestic abuse has on children.A wheel showing a domestically abusive relationship and the barriers the LGBTQ+ community may face.**Norfolk County Council** policy and procedure on Female Genital Mutilation and Forced Marriage, this form supports practitioners working in children’s and adults’ services.**The medical power control wheel** – is useful for professional to consider how professions such as the medical could impact the on victims of abuse.Please refer to the **self-care wheel** to support and empower victims and survivors of domestic abuse in understanding their wellbeing and identity.Please use the **post separation/and separation wheel** to understand how domestic abuse can continue even when the two people are no longer within the relationship.**Emma Katz podcast** – how coercive control harms child safety and wellbeing. | Research |
| **Cycle of violence theory****Other theories for domestic abuse** | [Women's Centre Youth and Family Services - Cycle of violence](https://www.womenscenteryfs.org/index.php/get-info/prevention/education/14-cycle-of-violence)[Metropolitan Police Department - The cycle of violence](https://mpdc.dc.gov/page/cycle-violence) | Employees of Norfolk County Council | The cycle of abuse is a social cycle theory developed in 1979 by Lenore E. Walker to explain patterns of behaviour in an abusive relationship. In 1979, psychologist Lenore Walker found that many violent relationships follow a common pattern or cycle. The entire cycle may happen in one day or it may take weeks or months.Please use other theories in identifying why the perpetrator may be abusive towards the victim, this can help with your intervention. |  |
| **CAFCASS change project****Drive** | New programme for private law proceedings – groups, individual work with each parent – [Clinks - The change project](https://www.clinks.org/partnership-finder/45840)[Drive Project - We need to stop asking "why doesn't she leave?" and start asking "why doesn't he stop?"](http://driveproject.org.uk/)[Drive Project - Advice for professionals working with perpetrators](http://driveproject.org.uk/about/advice-for-professionals/)[Domestic abuse intervention programmes - Norfolk County Council](https://www.norfolk.gov.uk/safety/domestic-abuse/information-for-professionals/perpetrators/domestic-violence-intervention-programmes) | Employees of Norfolk County Council | Please use this programme with perpetrators: [The Change Project - Domestic violence perpetrator programmes since 2006](https://www.thechange-project.org/change-plus/).**Perpetrator Learning and Understanding Self**Delivered in collaboration with local police forces, Change Plus is a 12-hour domestic abuse awareness course. It is an early intervention project that helps to enable perpetrators of abuse to recognise their behaviour is abusive.**Drive** believes domestic abuse is not acceptable or inevitable. Drive works with high-harm, high-risk and serial perpetrators of domestic abuse to prevent their abusive behaviour and protect victims.Drive offers support and guidance for Drive Service and Case Managers, as well as all professionals working coming into contact with high-harm, high-risk perpetrators of domestic abuse in the course of their work. This includes social workers, probation officers, mental health and health care professionals, domestic violence advisors, police officers, and more.**Building Better Relationships programme**In Norfolk the Building Better Relationships (BBR) programme has replaced the delivery of IDAP (Integrated Domestic Abuse Programme), which is provided by the Probation Service. This has primarily been available for only statutory cases as dealt with via the court process, however there are limited places available for un-convicted perpetrators referred through CAFCASS. | CafcassDriveNorfolk County Council |
| **Adolescent to parent violence (APVA)** | [Home Office - Information guide: adolescent to parent violence and abuse (APVA)](https://safelives.org.uk/sites/default/files/resources/HO%20Information%20APVA.pdf)[Iriss - Adolescent to parent violence and abuse](https://www.iriss.org.uk/resources/esss-outlines/adolescent-parent-violence) | Employees of Norfolk County Council | If there is any adolescent to parent violence please use this tool. This is a guide for practitioners in managing the relationship dynamics.For **Social Care** please refer to page 15, this book will help you with safety planning with the family.For **Youth Justice**, please refer to page 24, this will support you in knowing how to respond and what will happen if a young person has been arrested for their violence towards their parent/s. | APVA |
| **Strengthening mother-child relationships as part of recovery from domestic abuse** | [Women's Aid - Supporting women and babies after domestic abuse](https://www.womensaid.org.uk/wp-content/uploads/2019/12/Supporting-women-and-babies-after-domestic-abuse.pdf) | Employees of Norfolk County Council | **Women’s Aid toolkit** – Supporting women and babies after domestic abuse.This toolkit will provide you with:* An understanding of the impact of domestic abuse in early parenting.
* An understanding of the impact domestic abuse has on infants and very young children.
* A model of support that is woman centred and infant centred.

This includes activities to do with mothers if it is appropriate to do so. | Women’s Aid |
| **Resources to use with children, young people, parents and carers**Both Children and Victims should be seen alone to enable them to talk freely | **Who is it for?** | **Guidance on use of tools** | **Source** |
| **Women’s Aid toolkit** | [Women's Aid - The expect respect healthy relationships toolkit](https://www.womensaid.org.uk/wp-content/uploads/2021/02/Expect-Respect-Healthy-Relationships-Toolkit.pdf) | Employees of Norfolk County Council | **Healthy Relationship Toolkit** for you to use with teenagers – information and guidance and how you can support as a professional:* This is a preventative tool to support you working with young people in healthy relationship.
* Effects domestic abuse have on young people.
* What you can do as a practitioner, how to deal with a disclosure.
* Activities you can do with children.
 | Women’s Aid |
| **Domestic abuse and SEND** | [Ann Craft Trust - We matter too](https://www.anncrafttrust.org/?s=we+matter+too)[Mencap - Relationships and sex and learning disability](https://www.mencap.org.uk/advice-and-support/relationships-and-sex)[Ann Craft Trust - We matter too: Disabled young people’s experiences of services and responses when they experience domestic abuse](https://www.anncrafttrust.org/wp-content/uploads/2019/12/We-Matter-Too-Final-Report-9-Dec-2019.pdf)[NSPCC Learning - Love life: resources for young people with learning disabilities](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Flearning.nspcc.org.uk%2Fresearch-resources%2Fschools%2Flove-life&data=04%7C01%7Croxanne.mcdowell%40norfolk.gov.uk%7C3bac453ef5114be4a42708d9d9a2d81f%7C1419177e57e04f0faff0fd61b549d10e%7C0%7C0%7C637780115691402721%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=6UwsQ1BODo8ZhZWyG%2BNsnF6fYPiIpvD%2F7pkzsuZZzyQ%3D&reserved=0)[NSPCC - Love life activities - you, me and us](https://learning.nspcc.org.uk/media/1642/love-life-activities-you-me-us.pdf)[NSPCC - Love life activities - PANTS](https://learning.nspcc.org.uk/media/1645/love-life-activities-pants.pdf)[NSPCC - Love life activities – changes and choices](https://learning.nspcc.org.uk/media/1643/love-life-activities-changes-choices.pdf) | Employees of Norfolk County Council | When working with adults with SEND, please be aware of the vulnerability to domestic abuse.**The We Matter Too!** project addresses the needs of disabled young people facing domestic abuse.**Mencap** link is supporting understanding healthy relationships for those with additional needs.The **We Matter Too** PDF document gives you a wide knowledge of information around:* Understanding young people’s experiences of support and intervention.
* Exploring what young people **want** from domestic abuse services and support agencies.
* Understanding from professionals what works to support disabled children, young people, and their families and what are the barriers to deliver this support.

The information given in this document is from SafeLives, Public Health England, Women’s Aid, and LGBTQ+ Galop.**NSPCC** – Resources you can use with young people with SEND when teaching them to be safe in relationship.This activity is part of Love. Life. – a set of films and supporting resources which help young people with learning disabilities explore topics such as emotions, relationships, and identity.1. Young people will be learning about:
* how different things and situations make them feel;
* what things they like and don’t like and how this varies from person to person;
* how they feel about the people they care about.
1. Young people will be learning about:
* that private parts are private with Talk PANTS;
* personal boundaries;
* being able to say no and how that makes us feel.
1. Young people will be learning about:
* keeping safe online;
* how feelings can change;
* different kinds of love;
* consent.
 | Research |
| **Online domestic abuse** | [SWGfL - Revenge porn helpline](https://swgfl.org.uk/services/revenge-porn-helpline/)[Women's Aid - Online and digital abuse](https://www.womensaid.org.uk/information-support/what-is-domestic-abuse/onlinesafety/)[Women's Aid - Empowering women to be safe online - a Facebook and Women’s Aid partnership](https://www.womensaid.org.uk/wp-content/uploads/2015/11/Womens-Aid-Facebook-Safety-Guide-2017.pdf)[SafeLives - Digital and online safety](https://safelives.org.uk/tech-vs-abuse)[SafeLives - Staying safe online guide](https://safelives.org.uk/sites/default/files/resources/Staying%20safe%20online%20guide.pdf)[Technology Safety - Technology safety and privacy: a toolkit for survivors](https://www.techsafety.org/resources-survivors)[Refuge Charity - Domestic violence help - Tech abuse](https://www.refuge.org.uk/our-work/forms-of-violence-and-abuse/tech-abuse-2/)[Refuge Charity - Assessing for technology abuse and privacy concerns](https://www.refuge.org.uk/wp-content/uploads/2020/01/Assessing-for-technology-abuse-and-privacy-concerns.pdf)[Refuge Charity - Assessing for technology misuse and privacy concerns with sexual assault survivors](https://www.refuge.org.uk/wp-content/uploads/2020/01/Assessing-for-technology-misuse-and-privacy-concerns-with-sexual-assault-survivors.pdf)[Refuge Charity - Steps to increasing your browser privacy: in-browser settings](https://www.refuge.org.uk/wp-content/uploads/2020/01/Browser-Safety-Tips.pdf)[Refuge Charity - Domestic violence help - Tech abuse and tech safety resources](https://www.refuge.org.uk/our-work/forms-of-violence-and-abuse/tech-abuse-2/resources/#professionals) | Everyone | Use links to understand the dangers of online on domestic abuse and stalking.The UK’s only service dedicated to providing expert support for adult victims of intimate image abuse.**Women’s Aid** information on how to keep safe online and a safety guide to give to women in staying safe on Facebook.**SafeLives** provides information and resources with the PDF Staying Safe giving you guidance to pass on to victims you are working with.**Resources for survivors** – The following contains safety tips, information, and privacy strategies for survivors on the use of technology. There is a handout on [Seeking Help Online: Considerations for Survivors.](https://techsafety.org/seekinghelponline) They have someone talk to for victims who can answer, questions and give support, and national hotlines.**Refuge** gives information on:* Tech abuse service, the tech abuse and empowerment team support women in our services who have had technology used against them as a weapon of domestic abuse. We empower survivors so they can use technology positively and safely and take back control of their lives;
* Tech abuse and safety resources;
* Survivor stories.

PDF **Assessing for technology abuse** – This is to support you to assess the safety of survivor of abuse and how they can protect themselves from abuse.PDF **steps to keeping yourself safe online** – please use this with families.Link for tools for professionals, link listed above but with more information. | Women’s AidSafeLivesRefugePadalinResearch in Practice |
| **Stalking** | [Women's Aid - Stalking and harassment](https://www.womensaid.org.uk/information-support/what-is-domestic-abuse/stalking/)[Safer Futures - Stalking](https://saferfutures.org.uk/resources/stalking/)[Suzy Lamplugh Trust - National stalking helpline](https://www.suzylamplugh.org/Pages/Category/national-stalking-helpline)[The Alice Ruggles Trust - Putting an end to stalking](https://www.alicerugglestrust.org/)[Protection Against Stalking - Look forward not behind](https://www.protectionagainststalking.org/)[Paladin - Stalking and harassment advice leaflet](https://www.dorset.police.uk/media/1453/paladin-stalking-advice-leaflet-for-all-agencies-2013.pdf) | Everyone | Please use links to become aware of stalking.**Women’s Aid** explains what stalking and harassment is.**Safer Futures** also offers information and statistics about stalking.**Suzy Lamplugh** helpline for victims. Advice, support, and help. Useful to signpost victims to this website.**The Alice Ruggles Trust** exists to raise awareness of stalking (including coercive control), to ensure that relevant legislation is effective and adhered to, and to bring about lasting improvements in the management of perpetrators and the protection of victims. The Trust is a member of the National Stalking Consortium.**Protection Against Stalking** is a national charity working within communities to raise public awareness about stalking and support victims of stalking through providing specialist support services.**Paladin national stalking advocacy service** – leaflet for victims. | PaladinWomen’s AidResearch |
| **Practical information, resources and signposting** | **Who is it for?** | **Guidance on use of tools** | **Source** |
| **Legislation** | [Norfolk Community Law Service - Domestic abuse advice - "Providing access to justice and equality"](https://www.ncls.co.uk/domestic-abuse-advice/)[SafeLives - Policy and evidence](https://safelives.org.uk/policy-evidence?gclid=EAIaIQobChMIv6y73LDD9AIVDO7tCh04XA5-EAAYASAAEgIdz_D_BwE)[Metropolitan Police - Request information under Clare's Law: Make a domestic violence disclosure scheme (DVDS) application](https://www.met.police.uk/advice/advice-and-information/daa/domestic-abuse/alpha2/request-information-under-clares-law/)[Norfolk Constabulary - Domestic abuse disclosure scheme - Clare’s law](https://www.norfolk.police.uk/advice/assault-abuse-threats/domestic-abuse-disclosure-scheme-clares-law) | Employees of Norfolk County Council | Need local police info about process.All downloadable from [GOV.UK - Domestic abuse: how to get help](https://www.gov.uk/guidance/domestic-abuse-how-to-get-help).**Norfolk Community Law Service** – To Access their Domestic Abuse Advice Service, call on 01603 496623, email info@ncls.co.uk or send us a message via WhatsApp on 07900 153753. This service is free for victims.**SafeLives** policies and evidence on Domestic Abuse. This is a wealth of information broken down.Request information under **Clare's Law: Make a Domestic Violence Disclosure Scheme (DVDS) application**. This scheme gives any member of the public the right to ask the police if their partner may pose a risk to them. It is often called ‘Clare’s Law’ after the landmark case that led to it.This scheme also allows a member of the public to make an enquiry into the partner of a close friend or family member. | ResearchGOV.UKSafeLivesNorfolk Community LawNorfolk Constabulary |
| **NCC domestic abuse web pages** | [Norfolk County Council - Domestic abuse](https://www.norfolk.gov.uk/safety/domestic-abuse) | Employees of Norfolk County Council | **Norfolk County Council’s** local website for information and support for Domestic Abuse – **information for professionals working with victims of domestic abuse**:* How to get help;
* Watch videos explaining how domestic abuse can take different forms and have different effects;
* How to recognise if you or someone you know is in an abusive relationship;
* Advice on keeping safe whether you still live with your partner or if you have left;
* What to do if you are worried about a friend or family member;
* Information and advice if you think you might be abusing someone;
* Support for young people and children;
* Information about relationships between alcohol, drugs or mental health issues and domestic abuse.
 | Norfolk County Council |
| **Economic abuse** | [GOV.UK - Help available from the Department for Work and Pensions for people who are victims of domestic violence and abuse](https://www.gov.uk/government/publications/domestic-violence-and-abuse-help-from-dwp/help-available-from-the-department-for-work-and-pensions-for-people-who-are-victims-of-domestic-violence-and-abuse)[Orwell Housing - Young homeless and domestic abuse services](https://www.orwell-housing.co.uk/supported-housing-and-care/young-homeless-and-domestic-abuse-services/)[Rights of Women - Child arrangements and domestic violence](https://rightsofwomen.org.uk/get-information/family-law/child-arrangements-and-domestic-violence-a-handbook-for-women/) | Employees of Norfolk County Council | **Help available from the Department for Work and Pensions for people who are victims of domestic violence and abuse** – Updated 1 October 2021.**Orwell Temporary Supported Housing services** provide accommodation and support to people facing homelessness or people in or leaving abusive relationships, read more to find out what services are available in your area.Child arrangements and domestic violence: a handbook Rights of Women. **Child arrangements and domestic violence: a handbook for women** is an essential and practical resource for women without a lawyer who are involved in child arrangements proceedings. Professionals who support women affected by domestic violence will also find this handbook a useful tool to help women through child arrangements cases. | ResearchDepartment for Work and PensionsOrwell HousingRights of Women |
| **National organisations** | [Women's Aid - I need help - information and support on domestic abuse](https://www.womensaid.org.uk/information-support/)[National Centre for Domestic Violence - Domestic abuse and violence support - Contact us](https://www.ncdv.org.uk/contact/)[Victim Support - Domestic abuse](https://www.victimsupport.org.uk/crime-info/types-crime/domestic-abuse/)[Refuge Charity - Domestic violence help - Our services](https://www.refuge.org.uk/our-work/our-services/)[Kaleidoscopic UK - Turning the lens on domestic abuse](https://www.kaleidoscopic.uk/)[The Hide Out - Until children and young people are safe](https://thehideout.org.uk/)[Freedom From Abuse - The paths to freedom](https://freedom-abuse.org/)[SafeLives - Ending domestic abuse](https://safelives.org.uk/)[Equation - What we do](https://equation.org.uk/about/)[Surviving Economic Abuse - Information and resources for professionals](https://survivingeconomicabuse.org/resources-for-professionals/)[Paladin victim leaflet](https://intranet.norfolk.gov.uk/-/media/09B99E6E91A94263AA13C7CEE6E36107)[Respect - Working to end domestic abuse](https://www.respect.uk.net/)[ManKind - Types of domestic abuse](https://www.mankind.org.uk/help-for-victims/types-of-domestic-abuse/)[NHS -Getting help for domestic violence and abuse](https://www.nhs.uk/live-well/healthy-body/getting-help-for-domestic-violence/)[Revenge Porn Helpline - 0345 6000 459](https://revengepornhelpline.org.uk/)[AAFDA - Advocacy after fatal domestic abuse](https://aafda.org.uk/) | Employees of Norfolk County Council | Sign posting to wider national services supporting victims of domestic abuse.**Women’s Aid** – This organisation shapes the support and responses to domestic abuse.**The National Centre for Domestic Violence** was established in 2003 to help survivors of [domestic violence](https://www.ncdv.org.uk/what-is-domestic-violence/) and abuse obtain protection against an abuser, as well as offering services to the police, probation service, domestic abuse agency workers, the legal profession and judiciary.We specialise in providing free, fast and effective support to survivors of domestic violence and abuse, usually by helping individuals [obtain injunctions](https://www.ncdv.org.uk/self-referrals/) from their local county court. This free service is provided to everybody, regardless of their financial circumstances, sexual orientation, race, gender, age, political, religious belief or otherwise.**Victim Support** offers advice and advocacy service for victims of crime including domestic abuse.**Refuge** – Supporting those who have experienced violence and abuse is at the core of everything we do. No matter what your experience – domestic violence, sexual violence, ‘honour’ based violence, forced marriage, FGM, human trafficking or modern slavery.**Kaleidoscopic UK**’s objectives are: The relief of need and the promotion of good health for children and adults in England and Wales who have been subjected to or exposed to domestic abuse through survivor-led support services and by educating and informing voluntary and statutory services, as well as the public at large, about all forms of domestic abuse and its harmful effects.**The Hideout** – Women's Aid have created this space to help children and young people to understand domestic abuse, and how to take positive action if it's happening to you.**Freedom from Abuse** – Reducing the incidence of sexual abuse, domestic abuse, harassment, stalking and bullying. We provide a simple to use online platform that educates users on how to identify an abuser, report abuse and consequently protect children in their care.**SafeLives** – Listening to survivors, putting their voices at the heart of our thinking. We look at the whole picture for each individual and family to get the right help at the right time to make families everywhere safe and well. And we challenge perpetrators to change, asking ‘why doesn’t he stop?’ rather than ‘why doesn’t she leave?’ This principle applies whatever the gender of the victim or perpetrator and whatever the nature of their relationship.**Equation**’s goal as a charity is for everyone to have equal, healthy relationships, in a society free from domestic abuse, sexual violence and gender inequality.**Surviving Economic Abuse (SEA)** is the only UK charity dedicated to raising awareness of economic abuse and transforming responses to it.**Paladin** – National Stalking Advocacy and Advice service – leaflet and phone number.**Respect** – A pioneering domestic abuse organisation developing safe, effective work with perpetrators, male victims and young people who use violence.**The Mankind Initiative** is the principal, expert and specialist charity in the UK focussing on male victims of domestic abuse. The charity collaborates and works in close partnership with other organisations and practitioners to support these victims too.The **NHS National Health Services** provides support, information, and advice on domestic abuse.UK service supporting adults (aged 18+) who are experiencing intimate image abuse, also known as, revenge porn.The Helpline was established in 2015 alongside the legislation which made it an offence to share intimate images or videos of someone, either on or offline, without their consent with the intention of causing distress. The Helpline is run by a small team of passionate and motivated individuals who are here and ready to help.**Advocacy After Fatal Domestic Abuse**We are a Centre of Excellence for Reviews after Fatal Domestic Abuse and for Expert and Specialist Advocacy and Peer Support. | Research |
| **Legal definition and guidance** | **Who is it for?** | **Guidance on use of tools** | **Source** |
| **Domestic Abuse Act 2021** | On 29 April the Domestic Abuse Act 2021 received Royal Assent – sections 1 to 3 of the [Domestic Abuse Act](https://www.legislation.gov.uk/ukpga/2021/17/enacted), specifically, Section 3 recognises **Children as victims of domestic abuse**.The key objectives of the guidance are to:* provide clear information on what domestic abuse is in order to assist with its identification;
* provide guidance and support to frontline professionals, who have responsibilities for safeguarding and supporting victims of domestic abuse, for example through outlining relevant strategic and operational frameworks;
* improve the institutional response to domestic abuse by conveying best practice and standards for commissioning responses.

The guidance extends to England and to Wales insofar as it relates to reserved or non-devolved matters in Wales. The consultation is aimed at:English local authorities;* criminal justice services, including courts, prisons, police forces, police and crime commissioners and the Crown Prosecution Service;
* services for forms of violence against women and girls including any specialist domestic abuse services (this will include services serving men and boys);
* local housing and homelessness teams, registered social landlords;
* early years, childcare, schools, colleges and higher education settings;
* healthcare sector;
* adult social care and children’s social care providers;
* employers and jobcentres;
* financial services (banks, building societies and so on);
* community and faith groups;
* any other interested stakeholders, including victims and users of support and prevention services;
* The guidance will be issued under section 84 of the Domestic Abuse Act and persons exercising public functions, to whom the guidance relates, must have regard to it in the exercise of those functions. Under section 84 of the act, the Secretary of State is required to consult on the guidance before it is issued.

[GOV.UK - Domestic Abuse Act statutory guidance](https://www.gov.uk/government/consultations/domestic-abuse-act-statutory-guidance)[Understanding the DA Act 2021 presentation - short version](https://intranet.norfolk.gov.uk/-/media/03F2D6C517414F4DA87F1160B910CC21)[GOV.UK - Domestic Abuse Act 2021 commencement schedule](https://www.gov.uk/government/publications/domestic-abuse-act-2021-commencement-schedule/domestic-abuse-act-2021-commencement-schedule)[Research in Practice - Domestic abuse in the justice system](https://www.researchinpractice.org.uk/all/news-views/2020/august/domestic-abuse-in-the-justice-system/) | Everyone | Please use tools and links under the DA Act 2021.**Briefing of the new Domestic Abuse Bill 2021** in PowerPoint form. This shows the key changes to the Act.**Domestic Abuse Act 2021 commencement schedule**.**Research in Practice** key findings on the changes to the Domestic Abuse Bill. | GOV.UK |
| **Evidence base and background** | **Who is it for?** | **Guidance on use of tools** | **Source** |
| **Child safeguarding practice reviews (SPRs)** | [Working together to safeguard children - A guide to inter-agency working to safeguard and promote the welfare of children](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/942454/Working_together_to_safeguard_children_inter_agency_guidance.pdf)[NSPCC Learning - Domestic abuse: learning from case reviews](https://learning.nspcc.org.uk/research-resources/learning-from-case-reviews/domestic-abuse)[NSPCC Learning - Domestic abuse learning from case reviews](https://learning.nspcc.org.uk/media/1335/learning-from-case-reviews_domestic-abuse.pdf)[Norfolk Safeguarding Children Partnership - Domestic abuse](https://www.norfolklscb.org/?s=domestic+abuse)[Research in Practice - Film 1 - Thinking differently, doing differently](https://www.researchinpractice.org.uk/all/content-pages/change-project-dva/domestic-abuse-and-child-protection-research-digest-film-series/film-one-thinking-differently-doing-differently/)[Research in Practice - Domestic abuse and child protection - thinking and doing differently](https://www.researchinpractice.org.uk/all/news-views/2021/december/domestic-abuse-and-child-protection-thinking-and-doing-differently/)[Office for National Statistics - Domestic abuse victim characteristics, England and Wales](https://www.ons.gov.uk/peoplepopulationandcommunity/crimeandjustice/articles/domesticabusevictimcharacteristicsenglandandwales/yearendingmarch2019) | Professional development  | This guidance covers:* A framework for the three local safeguarding partners (the local authority; a clinical commissioning group for an area, any part of which falls within the local authority; and the chief officer of police for a police area, any part of which falls within the local authority area) to work together to safeguard and promote the welfare of local children including identifying and responding to their needs.
* The framework for the two child death review partners (the local authority and any clinical commissioning group for an area, any part of which falls within the local authority) to review all deaths of children normally resident in the local area, and if they consider it appropriate, for those not normally resident in the area.
* This document replaces Working Together to Safeguard Children (2015). Links to relevant supplementary guidance that practitioners should consider alongside this guidance can be found at Appendix B.

Learning from Serious Case Reviews where Domestic Abuse was a factor:**NSPCC** – Summary of risk factors and learning for improved practice around families and domestic abuse.PDF **Domestic Abuse** – Learning from case reviews. Summary of key issues and findings in learning for improved practice around domestic abuse.**Norfolk Safeguarding and Partnership** – information, and knowledge on what is available for information and support though NSPC Board.**Research in Practice****Film one – Thinking differently, doing differently**The case for change. Introducing intersectionality; typologies of intimate partner violence and risk.**Domestic abuse and child protection – thinking and doing differently**.Resources are intended to support practitioners and policy makers in service design and practice with families where DVA is an issue of concern. They include:* A [six-part series of short films](https://www.researchinpractice.org.uk/all/content-pages/change-project-dva/domestic-abuse-and-child-protection-research-digest-film-series/) in which Professor Brid Featherstone presents research evidence on key themes in relation to DVA such as typologies of domestic abuse, working with men, and the intersections of poverty and other structural inequalities in the lives of families experiencing a children’s social care involvement.
* An [analysis of data from a case file audit](https://www.researchinpractice.org.uk/all/content-pages/change-project-dva/dva-and-child-protection-case-file-analysis/) conducted by Change Project participants providing an insight into the current picture regarding child protection work with families where DVA is an issue of concern.
* A [five-part podcast series](https://www.researchinpractice.org.uk/all/content-pages/change-project-dva/practice-leaders-reflect-on-working-with-domestic-abuse-and-violence/) in which practice leaders discuss innovative practice and system change in working with DVA and child protection.
* [A three-part podcast series](https://www.researchinpractice.org.uk/all/content-pages/change-project-dva/rethinking-children-s-social-care-responses-to-domestic-abuse-and-violence/): co-produced with a mother who has experienced DVA and child protection intervention and who led the lived experience sessions on the Change Project.

Domestic abuse victim characteristics, England and Wales: year ending March 2019.Characteristics of victims of domestic abuse based on findings from the Crime Survey for England and Wales and police recorded crime. | NSPCCNSCPResearch in Practice |
| **Online programme: Freedom programme for perpetrators** | [The Freedom Programme - Learn about domestic violence and abuse](https://www.freedomprogramme.co.uk/index.php) | Professionals supporting victims and children of abuse and a perpetrator programme for men | **What is the Freedom Programme?**Freedom Programme is a domestic violence programme which was created by Pat Craven who holds the copyright (all rights reserved) and evolved from her work with perpetrators of domestic violence. We provide information, not therapy.The Freedom Programme examines the roles played by attitudes and beliefs on the actions of abusive men and the responses of victims and survivors. The aim is to help them to make sense of and understand what has happened to them, instead of the whole experience just feeling like a horrible mess. The Freedom Programme also describes in detail how children are affected by being exposed to this kind of abuse and very importantly how their lives are improved when the abuse is removed. | Freedom Programme |
| **3 planet model****Social services, family court, independent domestic abuse advocates each have different perspectives and requirements** | [The 3 planet model](https://intranet.norfolk.gov.uk/-/media/D790F6672F37491286D4E431CBB57C36)[YouTube - The 3 planets model from WHAT DOESN'T KILL ME](https://www.youtube.com/watch?v=NFCG3mKZkgc) |  | **The 3 Planet Model**The 3 Planet Model is designed by Marianne Hester, this helps us as professionals understand the contradictory messages a survivor of domestic abuse receives through the family courts, child welfare courts and criminal courts.Please see YouTube video to hear **from Hester’s model**. |  |
| **Hollie Guard****Safety app; can be used in any situation; panic alarms, list 5 of key contacts; if you shake your phone it will start recording and live stream to a contact; man down** | [Hestia - Life beyond crisis - Bright Sky app](https://www.hestia.org/brightsky)[Hollie Guard Personal Safety APP](https://hollieguard.com/#features)[Apple Support (UK) - Use emergency SOS on your iPhone](https://support.apple.com/en-gb/HT208076)[Peoplesafe - Solutions - Lone worker safety service](https://peoplesafe.co.uk/solutions/?utm_source=Google&utm_medium=cpc&utm_campaign=CB_Lone-Worker-Alarm&utm_term=lone%20worker%20alarms&gclid=EAIaIQobChMI84qEoOqp9QIVx7vVCh0PjwM8EAAYASAAEgJdMvD_BwE) | Everyone | **Bright Sky** is a safe, easy to use app and [website](https://www.bright-sky.org.uk/) that provides practical support and information on how to respond to domestic abuse. It is for anyone experiencing domestic abuse, or who is worried about someone else.Bright Sky helps you to spot the signs of abuse, know how to respond, and help someone find a safe route to support.With a simple shake or tap it activates **Hollie Guard**, immediately notifying your chosen contacts, pinpointing your location and sending audio and video evidence directly to their mobile phones.**Use emergency SOS on your iPhone**With Emergency SOS, you can call for help quickly and easily, as well as alert your emergency contacts.**Lone worker safety service**People safe provide a reliable, robust and instant response for workers who find themselves at risk. | Bright SkyHollie GuardAppleLone Working Safety |

If you become aware of any out of date resources or errors, or a further resource to share, please email practicedevelopment@norfolk.gov.uk.

Date produced: 16/8/2022 Date to be reviewed: 30/04/2023