

Are you Separated or Separating?

Worried about your child getting caught in the middle? Family Transitions Groups can help

What parents have said -

“Has had significant benefits and an insight into how to overcome challenges with co parenting”

“The teachers (course leaders) were kind, thoughtful, helpful and supportive”



Completely Free! Two online groups available, attendance is one session per week for 5 weeks.

Friday 1st November- Friday 29th November 10am-12pm

or

Thursday 7th November- Thursday 5th December 09:30am-11:30am

To book search [Request for Support Early Help Information and Consent - Privacy - Section 1 - Norfolk County Council](#) or contact roxanne.mcdowell@norfolk.gov.uk